MC28H5013**

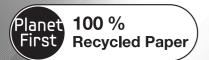
imagine the possibilities

Thank you for purchasing this Samsung product.

Microwave Oven

Instructions & Cooking guide

Please be advised that the Samsung warranty does NOT cover service calls to explain product operation, correct improper installation, or perform normal cleaning or maintenance.



This manual is made with 100 % recycled paper.



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safety information

USING THIS INSTRUCTION BOOKLET

You have just purchased a SAMSUNG microwave oven. Your Owner's Instructions contain valuable information on cooking with your microwave oven:

- Safety precautions
- Suitable accessories and cookware
- Useful cooking tips
- Cooking tips

LEGEND FOR SYMBOLS AND ICONS



Hazards or unsafe practices that may result in severe personal injury or death.



Hazards or unsafe practices that may result in minor personal injury or property damage.

- Warning; Fire hazard Warning; Hot surface Warning; Electricity /4 \wedge Do NOT attempt. Ø \mathbb{X} Do NOT disassemble. Unplug the power plug **-**(Ţ) from the wall socket. Call the service center for \square help.
 - Important

Warning; Explosive material Do NOT touch. Follow directions explicitly. Make sure the machine is grounded to prevent electric shock. Note



*	The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition			Failure to maintain the oven in a clean conditioin could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
†	or fire. If smoke is emitted, switch off or unplug the appliance and keep the door closed			The appliance is not intended for installing in road vehicles, caravans and similar vehicles etc.
*	in order to stifle any flames. WARNING: Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.		*	This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision
*	WARNING: The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature	•		or instruction concerning use of the appliance by a person responsible for their safety.
	checked before consumption, in order to avoid burns.		*	Children should be supervised to ensure that they do not play with the appliance.
	Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.			If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
*	The oven should be cleaned regularly and any food deposites removed.			WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode;

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The appliance should not be cleaned with a water jet.	During use the appliance becomes hot. Care should be taken to avoid touching heating elements inside the oven.	
This oven should be positioned proper direction and height permitting easy access to cavity and control area.	WARNING: Accessible parts may become hot during use. Young children	01 2
Before using the your oven first time, oven should be operated with the water during 10 minute and then used.	should be kept away.	SAFELY INFORMATION
If the oven generates a strange noise, a burning smell, or smoke is emitted,	WARNING: Ensure that the appliance is switched off before replacing the lamp to avoid the possibility of electric shock.	
unplug the power plug immediately and contact your nearest service center.	■ WARNING: The appliance and its accessible parts become hot during use.	N
The microwave oven has to be positioned so that plug is accessible.	Care should be taken to avoid touching heating elements.	
The microwave oven is intended to be used on the counter or counter top use only, the microwave oven shall not be	Children less than 8 years of age shall be kept away unless continuously supervised.	
placed in a cabinet.	The temperature of accessible surfaces may be high when the appliance is	
WARNING (Over function only) Ontional	operating.	
(Oven function only) - Optional WARNING: When the appliance is	The door or the outer surface may get hot when the appliance is operating.	
operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.	 Keep the appliance and its cord out of reach of children less than 8 years. 	

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★ This appliance can be used by	INSTALLING YOUR MICROWAVE OVEN
children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.	 Place the oven on a flat level surface 85 cm above the floor. The surface should be strong enough to safety bear the weight of the oven. 1. When you install your oven, make sure there is adequate ventilation for your oven by leaving at least 10 cm (4 inches) of space behind and, on the sides of the oven and 20 cm (8 inches) of space above. 2. Remove all packing materials inside the oven.
Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.	 3.Install the roller ring and turntable. Check that the turntable rotates freely. (Turntable type model only) 4.This microwave oven has to be positioned
Appliances are not intended to be operated by means of an external timer or separate remote-control system.	 so that plug is accessible. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard. For your personal safety, plug the cable into a proper AC earthed socket.

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Do not install the microwave oven in hot or damp surroundings like next to a traditional oven or radiator. The power supply specifications of the oven must be respected and any extension cable used must be of the same standard as the power cable supplied with the oven. Wipe the interior and the door seal with a damp cloth before using your microwave oven for the first time.

CLEANING YOUR MICROWAVE OVEN

The following parts of your microwave oven should be cleaned regularly to prevent grease and food particles from building up:

- Inside and outside surfaces
- Door and door seals
- Turntable and Roller rings (Turntable type model only)
- ALWAYS ensure that the door seals are clean and the door closes properly.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

- **1.**Clean the outside surfaces with a soft cloth and warm, soapy water. Rinse and dry.
- **2.**Remove any splashes or stains on the inside surfaces of oven with a soapy cloth. Rinse and dry.
- **3.**To loosen hardened food particles and remove smells, place a cup of diluted lemon juice in the oven and heat for ten minutes at maximum power.
- **4.**Wash the dishwasher-safe plate whenever necessary.
- DO NOT spill water in the vents. NEVER use any abrasive products or chemical solvents. Take particular care when cleaning the door seals to ensure that no particles:
 - Accumulate
 - Prevent the door from closing correctly
- Clean the microwave oven cavity right after each use with a mild detergent solution, but let the microwave oven cool down before cleaning in order to avoid injury.

When cleaning the upper part inside the cavity, it will be convenient to turn heater downward by 45 ° and clean it. (Swing heater model only)



STORING AND REPAIRING YOUR MICROWAVE OVEN

A few simple precautions should be taken when storing or having your microwave oven serviced.

The oven must not be used if the door or door seals are damaged:

- Broken hinge
- Deteriorated seals
- Distorted or bent oven casing

Only a qualified microwave service technician should perform repair

- NEVER remove the outer casing from the oven. If the oven is faulty and needs servicing or you are in doubt about its condition:
 - Unplug it from the wall socket
 - Contact the nearest after-sales service centre

 If you wish to store your oven away temporarily, choose a dry, dustfree place.
 Reason : Dust and damp may adversely affect the working parts in the oven.

This microwave oven is not intended for commercial use.

The Light bulb should not be replaced in person for safety reasons. Please contact nearest authorised Samsung customer care, to arrange for a

qualified engineer to replace the bulb.

Only qualified staff should be allowed to modify or repair the appliance. Do not heat liquids and other food in sealed \checkmark containers for microwave function. For your safety, do not use high-pressure water cleaners or steam iet cleaners. Do not install this appliance; near heater, inflammable material: in a humid, oilv or dustv location, in a location exposed to direct sunlight and water or where gas may leak; on un level ground. This appliance must be properly grounded in Ē \checkmark \checkmark accordance with local and national codes. Remove all foreign substances such as dust or \star \checkmark $\mathbf{\vee}$ water from the power plug terminals and contact points using a dry cloth on a regular basis

	Do not pull or excessively bend or place heavy objecton the power cord.	~	~				Do not pour or directly spray water onto the oven.	\checkmark	 ✓ 		
*	In the event of a gas leak (such as propane gas, LP gas, etc.), ventilate immediately without touching the	~	~	~	 Image: A start of the start of		Do not place objects on the oven, inside or on the door of the oven.	~	~	~	
	power plug.						Do not spray volatile material such as insecticide onto the surface of the oven.	\checkmark	 ✓ 		
Ø	Do not touch the power plug with wet hands.	\checkmark	\checkmark	\checkmark	\checkmark		Do not store flammable materials in the oven. Take			./	
	Do not turn the appliance off by unplugging the power plug while an operation is in progress.	~	~	~	~		special care when heating dishes or drinks that contain alcohol as alcohol vapours may contact a			•	
1	Do not insert fingers or foreign substances, If any foreign substance such as water has entered the appliance, unplug the power plug and contact your nearest service centre.	~	 ✓ 		~		hot part of the oven. Keep children away from the door when opening or closing it as they may bump themselves on the door or catch their fingers in the door.	~	~	~	~
	Do not apply excessive pressure or impact to the appliance.	~	~	 Image: A start of the start of	\checkmark		WARNING: Microwave heating of beverages can result in delayed eruptive boiling, therefore care must	\checkmark	~	~	\checkmark
	Do not place the oven over a fragile object such as a sink or glass object.	\checkmark	~				be taken when handling the container; To prevent this situation ALWAYS allow a standing time of at least 20 seconds after the oven has been switched off so that the temperature can equalize. Stir during heating, if necessary, and ALWAYS stir after heating.				
	Do not use benzene, thinner, alcohol, steam cleaner or high pressure cleaner to clean the appliance.	~	~	 ✓ 	\checkmark						
	Ensure that the power voltage, frequency and current are the same as those of the product specifications.	~	 ✓ 		~		In the event of scalding, follow these FIRST AID instructions: • Immerse the scalded area in cold water for at				
	Plug the power plug into the wall socket firmly. Do not use a multiple plug adapter, an extension cord or an electric transformer.	~	~	~			least 10 minutes.Cover with a clean, dry dressing.Do not apply any creams, oils or lotions.				
	Do not hook the power cord on a metal object, insert the power cord between the objects or behind the oven.	~	 Image: A start of the start of	~			Do not put the tray or rack in water shortly after cooking because it may cause breakage or damage of the tray or rack.				~
	Do not use a damaged power plug, damaged power cord or loose wall socket. When the power plug or power cord is damaged, contact your nearest service centre.	~	~	~	~		Do not operate the microwave oven for deep fat frying because the oil temperature cannot be controlled. This could result in a sudden boil over of the hot liquid.				~

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01 SAFETY INFORMATION



	CAUTION	۵	A		K
*	Only use utensils that are suitable for use in microwave ovens; DO NOT use any metallic containers, Dinnerware with gold or silver trimmings, Skewers, forks, etc. Remove wire twist ties from paper or plastic bags. Reason: Electric arcing or sparking may occur and may damage the oven.	~		~	~
\Box	Do not use your microwave oven to dry papers or clothes.	~		~	~
*	Use shorter times for smaller amounts of food to prevent overheating and burning food.	~		✓	~
	Do not immerse the power cable or power plug in water and keep the power cable away from heat.	\checkmark	✓		
	Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended; Also do not heat airtight or vacuum-sealed bottles, jars, containers, nuts inshells, tomatoes etc.			~	~
	Do not cover the ventilation slots with cloth or paper. They may catch fire as hot air escapes from the oven. The oven may also overheat and switch itself off automatically, and will remain off until it cools sufficiently.	~		~	
8	Always use oven mitts when removing a dish from the oven to avoid unintentional burns.			✓	
*	Stir liquids halfway during heating or after heating ends and allow the liquid stand at least 20 seconds after heating to prevent eruptive boiling.			~	
*	Stand at arms length from the oven when opening the door to avoid getting scalded by escaping hot air or steam.			✓	

	Do not operate the microwave oven when it is empty. The microwave oven will automatically shut down for 30 minutes for safety purposes. We recommend placing a glass of water inside the oven at all times to absorb microwave energy in case the microwave oven is started accidentally.	 ✓ 			 ✓
*	Install the oven in compliance with the clearances stated in this manual. (See installing your microwave oven.)	✓		✓	
*	Take care when connecting other electrical appliances to sockets near the oven.	✓	✓	✓	

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE **MICROWAVE ENERGY.(MICROWAVE FUNCTION ONLY)**

Failure to observe the following safety precautions may result in harmful exposure to microwave energy.

- (a) Under no circumstances should any attempt be made to operate the oven with the door open or to tamper with the safety interlocks (door latches) or to insert anything into the safety interlock holes.
- (b) Do NOT place any object between the oven door and front face or allow food or cleaner residues to accumulate on sealing surfaces. Ensure that the door and door sealing surfaces are kept clean by wiping after use first with a damp cloth and then with a soft dry cloth.
- (c) Do NOT operate the oven if it is damaged until it has been repaired by a qualified microwave service technician trained by the manufacturer. It is particularly important that the oven door closes properly and that there is no damage to the:
 - (1) door (bent)

(2) door hinges (broken or loose)

- (3) door seals and sealing surfaces
- (d) The oven should not be adjusted or repaired by anyone other than a properly gualified microwave service technician trained by the manufacturer.

Samsung will charge a repair fee for replacing an accessory or repairing a cosmetic defect if the damage to the unit and/or damage to or loss of the accessory was caused by the customer. Items this stipulation covers include:

- (a) A Dented, Scratched, or Broken Door, Handle, Out-Panel, or Control Panel.
- (b) A Broken or missing Tray, Guide Roller, Coupler, or Wire Rack.
- Use this appliance only for its intended purpose as described in this instruction manual. Warnings and Important Safety Instructions in this manual do not cover all possible conditions and situations that may occur. It is your responsibility to use common sense, caution, and care when installing, maintaining, and operating your appliance.
- Because these following operating instructions cover various models, the characteristics of your microwave oven may differ slightly from those described in this manual and not all warning signs may be applicable. If you have any questions or concerns, contact your nearest service centre or find help and information online at www.samsung.com.
- This microwave oven is supposed for heating food. It is intended for domestic home-use only. Do not heat any type of textiles or cushions filled with grains, which could cause burns and fire. The manufacturer cannot be held liable for damage caused by improper or incorrect use of the appliance.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possible result in a hazardous situation.

quick look-up guide

I want to cook some food.

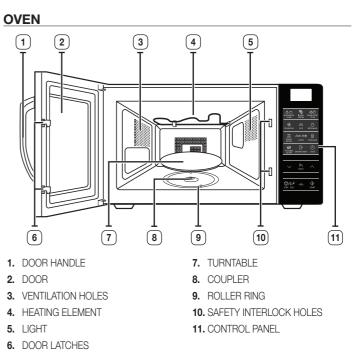
<u>رس</u> Microwave	1. Place the food in the oven. Press the Microwave button.
V A M	 Press the Up or Down button until the appropriate power level is displayed. Press the Select button to set the power level.
$\vee \wedge$	 Select the cooking time by pressing the Up or Down button as required.
START	 4. Press the START button. Result: Cooking starts. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.

02 QUICK LOOK-UP GUIDE

I want to Power Defrost some food.

** Power Defrost	1.	Press the Power Defrost button.
V A M	2.	Set the cooking category by pressing the Up or Down button. Press Select button to set desired.
$\vee \wedge$	3.	Select the weight by pressing the Up or Down button as required.
	4.	Press the START button.
\wedge		Result: Defrosting starts.
		When cooking has finished, the oven will
START		beep and flash "End" 4 times. The oven will
START		then beep one time per minute.

oven features



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CONTROL PANEL



- 1. AUTO REHEAT / COOK BUTTON
- 2. INDIAN RECIPE BUTTON
- 3. DOUGH PROOF / CURD BUTTON
- 4. CONVECTION BUTTON
- 5. GRILL BUTTON

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- 6. MICROWAVE BUTTON
- 7. POWER DEFROST BUTTON
- 8. COMBI BUTTON
- 9. CHILD LOCK BUTTON

- 10. TURNTABLE ON/OFF BUTTON
- **11.** DEODORISATION BUTTON
- 12. CLOCK BUTTON
- 13. DOWN BUTTON
- 14. SELECT BUTTON
- 15. UP BUTTON
- **16.** STOP / ECO BUTTON
- 17. +30s BUTTON
- 18. START BUTTON

ACCESSORIES

Depending on the model that you have purchased, you are supplied with several accessories that can be used in a variety of ways.

	1.	Roller ring , to be placed in the centre of the oven. Purpose: The roller ring supports the turntable.
(ŝo)	2.	Turntable, to be placed on the roller ring with the centre fitting on to the coupler. Purpose: The turntable serves as the main cooking surface; it can be easily removed for cleaning.
	3.	High rack, Low rack, to be placed on the turntable. <u>Purpose:</u> The metal racks can be used to cook two dishes at the same time. A small dish may be placed on the turntable and a second dish on the rack. The metal racks can be used in grill, convection and combination cooking.

DO NOT operate the microwave oven without the roller ring and turntable.



oven use

HOW A MICROWAVE OVEN WORKS

Microwaves are high-frequency electromagnetic waves; the energy released enables food to be cooked or reheated without changing either the form or the colour. You can use your microwave oven to:

- Defrost
- Reheat
- Cook

Cooking principle.

Q · · ·				
	1.	The microwaves generated by the magnetron reflected at cavity and are distributed uniformly as the food rotates on the turntable. The food is thus cooked evenly.		
	2.	The microwaves are absorbed by the food up to a depth of about 1 inch (2.5 cm). Cooking then continues as the heat is dissipated within the food.		
	properties of the for Quantity and de Water content	Cooking times vary according to the container used and the properties of the food: • Quantity and density • Water content • Initial temperature (refrigerated or not)		
 As the centre of t 	As the centre of the food is cooked by heat dissipation, cooking continues even			

when you have taken the food out of the oven. Standing times specified in recipes and in this booklet must therefore be respected to ensure:

- Even cooking of the food right to the centre.
- The same temperature throughout the food.

CHECKING THAT YOUR OVEN IS OPERATING CORRECTLY

The following simple procedure enables you to check that your oven is working correctly at all times. If you are in doubt, refer to the section entitled "Troubleshooting" on the page 53.

The oven must be plugged into an appropriate wall socket. The turntable must be in position in the oven. If a power level other than the maximum (100 % - 900 W) is used, the water takes longer to boil.

Open the oven door by pulling the handle on the right side of the door. Place a glass of water on the turntable. Close the door.

Microwave Operation

Operate the Microwave mode and set the time to 4 or 5 minutes by pressing the +30s or **Up** and **Down** button the appropriate number of times.

<u>Result:</u> The oven heats the water for 4 or 5 minutes. The water should then be boiling.

+30s 🗸 🔨

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SETTING THE TIME

Your microwave oven has an inbuilt clock. When power is supplied, "88:88" and then "12:00" is automatically displayed on the display.

Please set the current time. The time can be displayed in either the 24-hour or 12-hour notation. You must set the clock:

- When you first install your microwave oven
- After a power failure

Do not forget to reset the clock when you switch to and from summer and winter time.

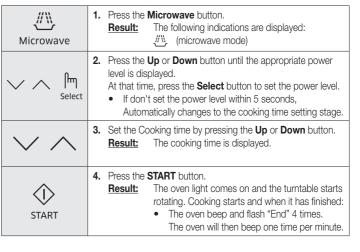
(J) Clock	1. Press the Clock button.
	 Press the Up or Down button to set time display type (12H or 24H). At that time, press the Select button to set the display type.
$\vee \wedge$	3. Press the Up or Down button to set the hour.
آس Select	4. Press the Select button.
$\vee \wedge$	5. Press the Up or Down button to set the minute.
ကြ _{Select}	 When the right time is displayed, press the Select button to start the clock. <u>Result:</u> The time is displayed whenever you are not using the microwave oven.

COOKING/REHEATING

The following procedure explains how to cook or reheat food.

ALWAYS check your cooking settings before leaving the oven unattended.

Open the door. Place the food in the centre of the turntable. Close the door. Never switch the microwave oven on when it is empty.



04 OVEN USE

POWER LEVELS AND TIME VARIATIONS

The power level function enables you to adapt the amount of energy dissipated and thus the time required to cook or reheat your food, according to its type and quantity. You can choose between six power levels.

Power level	Percentage	Output
HIGH	100 %	900 W
MEDIUM HIGH	67 %	600 W
MEDIUM	50 %	450 W
MEDIUM LOW	33 %	300 W
DEFROST	20 %	180 W
LOW	11 %	100 W

The cooking times given in recipes and in this booklet correspond to the specific power level indicated.

If you select a Then the cooking time must be	
Higher power level	Decreased
Lower power level	Increased

ADJUSTING THE COOKING TIME

You can adjust the cooking time by pressing the +30s.

- Check how cooking is progressing at any time simply by opening the door
- Increase the remaining cooking time

+30s	 To increase the cooking time of your food, press the +30s button once for each 30 seconds that you wish to add. Example: To add three minutes, press the +30s button six times.
$\vee \wedge$	To adjust the cooking time of press the Up and Down button that you wish to add.

STOPPING THE COOKING

You can stop cooking at any time so that you can:

- Check the food
- Turn the food over or stir it
- Leave it to stand

To stop the cooking	Then
Temporarily	Temporarily : Open the door without pressing the stop button or press the stop button once when the oven is being operated. <u>Result:</u> Cooking stops. To resume cooking, close the door again and press the START button.
Completely	Completely : Press the stop button once. Result: Cooking stops. If you wish to cancel the cooking settings, press the STOP / ECO button again.

SETTING THE ENERGY SAVE MODE

The oven has an energy save mode.



- Press the STOP / ECO button. (During Standby mode.)
 Result: Display off.
- To remove energy save mode, open the door or press the **STOP / ECO** button and then display shows current time. The oven is ready for use.

Auto energy saving function

If you do not select any function when appliance is in the middle of setting or operating with temporary stop condition, function is canceled and clock will be displayed after 25 minutes.

Oven Lamp will be turned off after 5 minutes with door open condition.

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USING THE AUTO REHEAT / COOK FEATURES

The 10 **Auto Reheat / Cook** features include/provide pre-programmed cooking times. You do not need to set either the cooking times or the power level. You can adjust the size of the serving by pressing the **Up** or **Down** button.

Use only recipients that are microwave-safe.

Open the door. Place the food in the centre of the turntable. Close the door.

ر∭ ہے۔ Auto Reheat ∕Cook	1.	Press the Auto Reheat / Cook button.	
$\vee \wedge$	2.	Press the Up and Down button to select Cook category. (1 : Auto Reheat, 2 : Auto Cook)	
ကြ _{Select}	3.	Press the Select button.	
Select	4.	Select the type of food that you are cooking by pressing the Up and Down button. Refer to the table on the following page for a description of the various pre-programmed settings. Press the Select button to select the type of food.	
$\vee \wedge$	5.	Select the size of the serving by pressing the Up and Down button.	
START	6.	Press the START button. Result: The food is cooked according to the preprogrammed setting selected. • When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.	

The following table presents quantities and appropriate instructions for auto reheat & cook.

Use oven gloves when taking out food.

1. Auto Reheat

Code/Food	Serving Size	Instructions	
1-1 Ready Meal (chilled)	300-350 g 400-450 g	Put on a microwave-safe plate and cover with microwave cling film. This programme is suitable for meals consisting of 3 components (e.g. meat with sauce, vegetables and a side dish like potatoes, rice or pasta). Stand for 2-3 minutes.	
1-2 Mini Ravioli (chilled)	200-250 g 300-350 g	Put chilled ready mini ravioli in a microwave proof plastic dish in the centre of turntable. Pierce film of ready product or cover plastic dish with microwave cling film. Stir carefully before and after standing time. This programme is suitable for ravioli, as well as for noodles in sauce. Stand for 3 minutes.	
1-3 Frozen Pizza	300-350 g 400-450 g	Put frozen pizza on the low rack.	
1-4 Frozen Pizza Snacks	100-150 g 250-300 g	Put frozen pizza snacks on the low rack.	
1-5 Frozen Lasagne	400-450 g 600-650 g	Put frozen lasagne into a suitable sized ovenproof dish. Put dish on low rack. Stand for 3-4 minutes.	
1-6 Frozen Bread Rolls	100-150 g (2 pcs) 200-250 g (4 pcs) 300-350 g (6 pcs)	We recommend to preheat the oven to 180 °C for 5 minutes using the convection function. Put 2 to 6 frozen bread rolls (-18 °C) in a circle on the low rack. This program is suitable for small frozen bakery products as bread rolls, ciabatta rolls and small baguettes. Stand for 3-5 minutes.	

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2. Auto Cook

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Code/Food	Serving Size	Instructions
2-1 Broccoli Florets	200-250 g 300-350 g 400-450 g	Weigh the vegetables after washing, cleaning and cutting into similar size. Put them into a glass bowl with lid. Add 30 ml (2 tablespoons) water when cooking for 200-250 g, add 45 ml (3 tablespoons) for 300-450 g and add 60-75 ml (4 tablespoons) for 400-450 g. Stir after cooking. When cooking higher quantities stir once during cooking. Stand for 1-2 minutes.
2-2 Chicken Pieces	300-400 g (1 pc) 500-600 g (2 pcs) 700-800 g (3 pcs)	Brush the chicken pieces with oil and spice them with pepper, salt and paprika. Put them in a circle on the high rack with the skin-side down. Turnover, as soon as the beep sounds. Stand for 2 minutes.
2-3 Roast Chicken	1100-1150 g 1200-1250 g	Brush chilled chicken with oil and spices. Put breast-side-down, in the middle of the low rack. Turnover, as soon as the oven beeps. Push start button to continue process. Stand for 5 minutes.
2-4 Muffins	250-300 g	Pour dough into 6-8 paper or silicone cups for muffins (each 45 g) and set on low rack. Start programme (oven is preheating). After beep sounds insert rack with food.

USING THE INDIAN RECIPE FEATURES

The 101 **Indian Recipe** features provide pre-programmed cooking times. You do not need to set either the cooking times or the power level.

Use only dishes that are microwave-safe.

Open the door. Place the food in the centre of the turntable. Close the door.

Indian Recipe	1. Press the Indian Recipe button.
\checkmark \land	2. Press the Up or Down button to select cook category.
ကြ Select	3. Select the cook category by pressing the Select button.
\sim $<$	4. Press the Up or Down button to select cook type.
START	 5. Press the START button. Result: The food is cooked according to the pre-programmed setting selected. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.

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The following table presents the various $\ensuremath{\text{Indian Recipe}}$ (Veggie) programmes and appropriate Instructions.

Use oven gloves when taking out food.

1. Soups & Snacks

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Code/Food	Serving Size	Ingredients
1-1 Tomato Soup	400-500 g	Tomato - 6 ea (medium size), Garlic - 7~8 Cloves, Carrot - 1 ea (small size), Celery - 1 stalk, Onion - 1 ea (medium size), Pepper corns - 5~6, Oil - 1 tbsp., Butter - 1 tbsp., Salt & sugar as per your taste, Cream - 2 tbsp., Water - 2 cups
	Instructions Wash all vegetables. Cut tomatoes into quarters. Peel & chop garlic. Peel & cut carrots in rounds. Chop celery, slice onion & crush pepper corns. In microwave safe glass bowl put oil onion, carrot, celery and garlic. Add 2 cups of water & cook. When beep, let it be cool and then blend in blender. Pour them in microwave safe glass bowl and add butter, tomato puree, salt and sugar. Stir well and cook. After cook strain and add cream and serve it hot.	
1-2 Sweet Corn Soup	300-350 g	Sweet corn - 0.2 kg, Water - 1.5 cup, Oil - 1 tbsp., Corn flour - 1 tbsp., Chopped onion - 2 tbsp., Green chili - 1 ea (chopped), Salt, Sugar, Pepper corns as per your taste
	Instructions Grind sweet corn with water (½ cup). Put it in microwave safe glass bowl and cook. When beep, add oil, green chili, onion, flour, water (1 cup), salt, sugar and pepper corn. Mix well and cook.	

Code/Food	Serving Size	Ingredients
1-3 Mushroom Soup	400-450 g	Potato - 1 ea, Cabbage - 50 g, Onion - 1 ea (small size), Mushroom - 100 g, Tomato sauce - 2 tbsp., Oil - 2 tbsp., Water - 2 cups, Salt, Sugar, Pepper as per taste
	cabbage, or stalk with so black peppe	s etables. In microwave safe glass bowl put potato, nion, 2 cups of water and cook. When beep, grind the me water and then add oil, chopped mushroom, salt, r, sugar and tomato sauce. Mix well and press start. nd garnish with grated cheese.
1-4 Tom Yum Soup	300-350 g	Mushroom - 6~7 (chopped), Fresh coriander leaves a few spring, Green or fresh red chili - 3~4, Lemon grass - 4 inches stalk, Lime leaves - 4~5, Salt as per your taste, Thai red curry paste - 2 tbsp., Lemon juice - 2 tbsp., Water - 4 cups
	lime leaves, beep, grind	e safe glass bowl add 4 cups of water, lemon grass, 2 red or green chilies and salt. Mix well and cook. When the stalk with some water and then add oil, chopped and Thai red curry paste. Serve hot with Lemon juice &
1-5 Dhokla	200 g	Gram flour - 200 g, Warm water - 75 ml, Curd - 3 tbsp., Green chili-ginger paste - 1 ½ tsp., Fruit salt - 1½ tsp., Salt, Sugar as per your taste
	curd, sugar, salt together	nicrowave safe flat dish, with little oil. Mix gram flour, salt, water, ginger-green chili paste, yellow color, fruit : Pour the mixture in greased dish and cook. Cut it into ish with grated coconut and coriander and serve with

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Code/Food	Serving Size	Ingredients
1-6 Poha	300-400 g	Poha - 0.3 kg, Oil - 3 tbsp., Onion - 1 cup (chopped), Green chili - 4 ea, Mustered, Cumin, Asafetida, Turmeric, Curry leaves for tempering, Grated Coconut & Coriander for garnishing
	turmeric pov washed poh	s e safe bowl put oil mustered, cumin, green chili, onions, vder curry leaves. Mix well and cook. When beep add ia, salt and sugar to taste. Mix well and press start. onut and coriander. Serve hot.
1-7 Upama	300-400 g	Rava/ Suji (Semolina) - 1 cup or 100 g, Oil - 2 tbsp., Mustard seeds - 2 tsp., Cumin - 2 tsp., Urad Dal (Black Gram) - ½ tsp., Green Chilies - 2 ea, Curry Leaves - 7~8, Water - 200 ml, Sugar & Salt as per your taste, Lemon Juice - 1 tsp.
	Instructions In microwave safe bowl put oil, mustard seeds, cumin, black grar green chilies, curry leaves, and rava suji/semolina. Mix well and cook. When beeps add water, sugar and salt to taste, lemon juic mix well and then press start. Garnish with coriander and bhuijya	
1-8 Chili Honey Vegetables	200 g	Mix Vegetable (Carrot, Muter, Corn, Cauliflower, French Beans etc : cut small pieces) - 200 g, Honey - 2 tbsp., Salt, Lemon juice, Pepper powder as per your test, Water as required
	beeps drain	s e safe bowl take vegetables and some water. When water and add honey, salt, lemon juice, pepper powder then press start.
1-9 Idli	8 ea	Instant Idli Mix - 2 cups, Curd - 1 cup, Ginger Garlic Chili paste and salt as per your taste, Water as required
		gredients and make a batter, pour this batter to rowave safe idly stand and cook. Serve hot with

Code/Food	Serving Size	Ingredients	
1-10 Steamed Vegetables	200 g	Mix Vegetable (Cauliflower, Carrot, Capsicum Muter Corn, French beans : Cut in small pieces) - 200 g, Sugar, Pepper powder, Salt as per your taste, Water - 3 cups	
	Instructions In microwave safe glass bowl take vegetables and some water and cook. Drain water and in another bowl take cooked vegetables, sugar, paper powder, salt. Mix well and serve hot.		
1-11 Vegetable Pasta	200-250 g	Pasta - 200 g, Oil - 1 tbsp., Grated Cheese - 3 tbsp., Pasta Sauce, Spring Onion, Water as per your taste, Salt as required	
		s e safe bowl add pasta and water and cook. When beep and mix with all the ingredients and then press start.	
2. Vegetables & Rice			
	Serving		

Code/Food	Serving Size	Ingredients			
2-1 Mutter Paneer	400-500 g	Boiled Mutter - 100 g, Paneer - 200 g, Onions - 2 (paste), Tomato - 2 (puree), Garlic-ginger paste - 1 tsp., Oil - 2 tbsp., Red chili powder, Garam masala, Fresh Cream, Salt, Turmeric, Sugar, Kasoori methi, Coriander as per your taste, Cream - 2 tbsp.			
	cook. When	s e safe bowl add oil, onions and ginger-garlic paste and beep add tomato puree, cream, salt, turmeric, sugar, r, paneer, kasoori methi (except masala) and then press			

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Code/Food	Serving Size	Ingredients	
2-2 Aloo Ghobi	300-400 g	Cut Potatoes - 200 g, Cut Cauliflower - 200 g, Cut Tomatoes - 100 g, Oil - 2 tbsp., Turmeric powder, Coriander powder, Red chili powder, Cumin seeds, Salt, Garam masala, Water as per your taste	
	Instructions In microwave safe glass bowl take oil, potatoes, cauliflower. Mix well and cook. When beep, add tomatoes, other ingredients, water and then press start.		
2-3 Aloo Methi	150-200 g	Aloo (Boiled) - 2 ea, Dry Methi - 1 cup, Green chilies - 2~3 ea, Oil - 2 tbsp., Salt, turmeric, Musters seeds, Cumin as required	
	Instructions In microwave safe bowl take oil, muster, cumin, green chilies and cook. When beep, add methi leaves, turmeric, salt and mix well. Press start. After done, add boiled aloo and mix well.		
2-4 Kadhi Pakoda	400-500 g	Ghee - 2 tbsp., Gram Flour - 3 tbsp., Curd - 200 g, Water - 300 ml, Salt, Sugar, Cumin, Green Chili, Ginger, Curry Leaves as per your taste, Gram flour for Pakoda - 100 g, Red Chili powder, Turmeric, Ajwain, Salt as per your taste	
	Instructions In bowl take gram flour and add salt, ajwain, red chili powder, little oil to it and make soft dough and make small ball form it. In microwave safe glass bowl add ghee, cumin, curry leave, curd, water, gram flour, sugar, salt, green chili, ginger. Mix well and co When beep, add kadhi mixture to prepared ball dough and then press start. Serve hot with rice.		

Code/Food	Serving Size	Ingredients			
2-5 Dal Tadaka	400-500 g	Soaked Arhar Dal (Soaked for 1 hr) - 200 g, Water - 300 g, Oil - 2 tbsp., Cumin - 1 tbsp., Green Chilies - 2~3 ea, Curry Leaves - 5~6 ea, Salt, Coriander, Cumin Powder, Turmeric, Asafetida, Kasoori methi, Lemon juice as per your taste			
	and cook. W leaves, salt,				
2-6 Lazeez Bhindi	400-500 g	Bhindi (Cut into pieces) - 400 g, Onion (Chopped) - 2 ea, Tomato (Chopped) - 2 ea, Ginger Garlic Paste - 2 tbsp., Coriander Powder, Curnin Powder, Turmeric, Red Chili Powder, Garam Masala, Salt as per your taste, Oil as required, Cream - 2 tbsp.			
	Instructions In microwave safe glass bowl take oil, chopped onion, ginger garlic paste and cook. When beep add powder masala, chopped tomato, bhindi, salt, cream and then press start.				
2-7 Palak Paneer	400-500 g	Palak Leaves (Spinach) (Boiled & Grinded) - 300 g, Onion (Chopped) - 2 ea, Tomato (Chopped) - 2 ea, Ginger Garlic Paste - 2 tbsp., Paneer - 150 g, Oil - 3 tbsp., Garam Masala, Coriander, Cumin Powder, Salt, Fresh Cream as per your taste			
	Instructions In microwave safe glass bowl take oil, chopped onion, ginger ga paste and cook. When beep add tomato and all the masala, pal paste, paneer and cream. Mix it well and then press start.				

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Code/Food	Serving Size	Ingredients	
2-8 Mixed Masala Vegetable (South Indian Style)	400-500 g	Mix Vegetables (yam, custer beans, white ash guard, white pumpkin, red pumpkin, raw banana, carrots) - 400 g (peeled and cut), 2" pieces fresh coconut - 1 cup, Green Chili - 2~3 ea, Cumin - ½ tsp., Curry Leaves - 7~8 ea, Turmeric - ¼ tsp., Curd - ¼ cup, Coconut oil - 1 tsp., Salt and Sugar as per taste	
.,	Instructions Make paste of coconut, green chill and cumin with little water and keep aside. In microwave safe glass bowl take all the vegetables with some water and cook. When beep strain the vegetables and add coconut oil, curry leaves, turmeric. Mix well and press start. After done add curd, paste of coconut and mix well.		
2-9 Sambhar	400-500 g	Arhar Dal/ Red Gram - 100 g, Oil - 2 tbsp., Onion - 1 ea (Chopped), Tomato - 1 ea (Chopped), Mix vegetables (drumsticks, ghia/bottle gourd, red pumpkin, brinjal, ladies finger) - 1 cup, Mustard Seeds - 1 tsp., Asafetida - ¼ tsp., Tamarind pulp, Cumin seeds, Green chili, Sambhar masala, Salt as required	
	Instructions In microwave safe glass bowl put dal, turmeric powder, onions, green chilies, tomatoes, mixed vegetables and add some water. Cover and cook. When beep, add oil, asafetida, cumin, curry leaves, red chilies, sambhar masala, tamarind pulp, salt, water and then press start.		
2-10 Corn & Shimla Mirch Rice	400-500 g	Soaked Rice 200 g, Corn 50 g, Chopped Simla Mirch - 1 ea, Oil - 2 tbsp., Black cardamom - 2 or 3, Cumin seeds - ½ tsp., Onions - 2 ea (Chopped), Green chili & salt as per your taste	
	Instructions In microwave safe glass bowl take oil, black cardamom, cumin seeds, chopped onions, green chili & salt, soaked rice and coo When beep add water and salt. Mix well and cover and then pr start.		

Code/Food	Serving Size	Ingredients			
2-11 Dosa Sabji	400-500 g Boiled potato peeled & chop 300 g., Chopped 2 Nos., Green chili salt, turmeric powder as per taste, Oil 2 tbsp., Mustard Seeds, Curnin seeds leaves for tempering				
	Instructions In micro wave safe glass bowl take oil, mustard seeds, cumin seeds, curry leaves, green chili, turmeric powder, onion and cook. When beep mix it well and add chopped potato. Mix it well and press start. Garnish with coriander leaves.				
2-12 Vegetable Biryani	400-500 g	 Soaked Basamati Rice 200 g, Water - 400 ml, Ghee - 2 tbsp., Cloves, Cinnamon, Black pepper, Cardamom - 2 pieces, Salt & Sugar as per your taste, Mixed vegetables (cauliflower, peas, french beans & carrot : chopped) - 1 cup 			
	Instructions In microwave safe glass bowl add ghee, vegetables, all masalas and soaked basamati rice, mix it well and cook. When beep, add water, salt & sugar. Cover it and press start. Serve hot.				
2-13 Lemon Rice	400-500 g	Soaked Rice - 150 g., Mustard seeds - ½ tsp., Urad dal - ½ tsp., Grated ginger - 1 tsp., Roasted Daria - 1 tsp., Dry red chili - 2, Curry leaves - 7~8., Turmeric powder - ½ tsp., Lemon juice - 1 tsp., Oil - 2 tbsp., Salt as per your taste, Chopped coriander - 1 tbsp., Water - 350 ml			
	grated ginge powder, lem water and sa	s e safe glass bowl take oil, mustard seeds, urad dal, rr, roasted daria, dry red chili, curry leaves, turmeric ion juice, salt, soaked rice and cook. When beep add alt, mix it well, cover it and press start. Garnish with riander & serve hot.			

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3. Sweets & Tandoori

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Code/Food	Serving Size	Ingredients			
3-1 Suji Halwa	200-250 g	Suji - 150 g, Ghee - 4 tbsp., Sugar - ¾ cup., Water - 3 cup, Dry Fruit, Cardamom Powder as per your test			
	Instructions In microwave safe glass bowl take suji, ghee and cook. When beep, add water, sugar, dry fruit & cardamom powder, mix well and press start.				
3-2 Besan (Bengal Gram	300-350 g Besan (Bengal Gram flour) - 2 cups , Ghee - 100 g, Powder Sugar - 75 g, Cardamom powder - 1 tbsp., Almonds (Chopped) - ¼ cup				
flour) Laddoo	Instructions In microwave safe glass bowl add besan and ghee, mix well and cook. When beep stir well and press start. When cool and cardamom powder, sugar powder, mix well and make ladoo.				
3-3 Gajar (carrot) ka Halwa	Gajar (carrot) Sugar - 100 g, Milk Powder - 50 g, Cardamon				
	Instructions In microwave safe glass bowl add grated carrot, milk, khoya, milk powder, mix it well and cook. When beep stir well and add sugar, cardamom powder, mix it well and press start. Decorate it with almonds & resins. Serve hot or cold.				
3-4 Phirani	450-500 g	Rice (soaked in 200 ml. milk for 1 hr.) - 0.3 kg, Milk - 300 ml, Sugar - 200 g, Saffron - 1 tsp., Cardamom powder - 1 tsp., Pista pieces - 1 tbsp.			
	Instructions Blend soaked rice with milk. Pour this microwave safe bowl and cook. When beep adds sugar, saffron, cardamom powder, mix it well & press start. Take it out, stir it. When cool, decorate with pis pieces and serve cool.				

Code/Food	Serving Size	Ingredients		
3-5 Pongal (South Indian sweet)	350-400 g	Soaked rice - 100 g, Soaked green gram - 50 g, Water - 500 ml, Grated Jaggery - 200 g, Ghee - 50 g, Cardamom powder - 1 tbsp., Dry fruits as per your taste		
,	Instruction	-		
	water, mix it	e safe glass bowl put ghee, soaked rice, green gram, well, cover it and cook. When beep add jaggery, powder, dry fruits and press start.		
3-6 Tandoori Aloo	250-300 g	Baby Potato - 1 cup, Cream - 1 tbsp., Dried Fenugreek leaves - ¼ tsp., Oil - 1 tbsp., Salt to taste, To be ground into a paste : Kashmiri chili - 4 ea, Garlic - 2 cloves, Ginger - 12 mm (½"), Coriander-cumin seed powder - 2 tsp.		
		ructions icrowave glass bowl add the prepared paste, salt, mix it well cook. Add potatoes, cream and kasuri methi and press start.		
3-7 Stuffed Mushroom	200-250 g	Mushroom - 150 g, cottage cheese- 3 tbsp., Grated cheese - 2 tbsp., corns - 1 tbsp., corn flour- 2 tbsp., lemon juice- 1 tbsp., red chilli powder- ¼ tsp., garam masala- ¼ tsp., Salt as per your taste, Butter - 2 tbsp.		
	Instructions Hollow the mushrooms and marinate with lemon juice, salt, red chilli powder, butter and garam masala, keep aside for 15 minutes. In another bowl mix cottage cheese, grated cheese and corn and season as per tatse. Stuffed the mushrooms with cottage cheese mixture and coat with corn. (flour mixed in very less water.) Grease the crusty plate with some butter and place the mushrooms on it, brush up a little butter on mushrooms and put the crusty plate on high rack and cook. When beep brush up a little more butter and cook.			

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4. Continental

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Code/Food	Serving Size	Ingredients	
4-1 Tomato Basil Soup	300-400 g	Chopped tomato - 4 ea, Fresh basil leaves -20~25, Crushed peppercorns - 10~15, Chopped onion - 1 ea, Chopped garlic - 7~8, Celery sticks finely chopped - 2 tbsp., Corn flour - 2 tbsp. (dissolve in 1 cup of water), Salt and Sugar as per your taste, Water - 3 cups, Olive oil - 2 tbsp.	
	garlic, celery	s e safe glass bowl add tomato, basil leaves, onion, / sticks and water, mix well and cook. When beep add redients, mix well and press start. Serve hot.	
4-2 Vegetable Chowmein	400-450 g	Noodles - 200 g, Water - 2 cups, Mix Vegetables - 100 g, Soya Sauce, Chili Sauce, Viengar, Salt & Pepper as per your taste, Oil as required	
	Instructions In microwave safe glass bowl take noodles and 2 cups water and cook. When beep, drain all the water from it & keep noodles a side. In other microwave safe glass bowl take oil & vegetables and press start. After done add all ingredients with noodles mix well & serve hot.		
4-3 Risotto Rice	450-500 g	Basmati Rice (soaked) - 150 g, Spinach (chopped) - 100 g, Butter - 3 tbsp., Chopped onion - 2 ea, Chopped Garlic - 2 tsp., Grated cheese - 3 tbsp., Salt & Pepper as per your taste, Water - 300 ml	
	When beep	e safe glass bowl take butter, onion, garlic and cook. add spinach (chopped) soaked rice, water, salt & mix well. Cover and press start. Garnish with grated	

Code/Food	Serving Size	Ingredients			
4-4 Baked Vegetables	350-400 g	Half boiled vegetables (carrot, cauliflower, french beans - cut into small pieces, sweet corn & green peas etc.) - 300 g, Plain flour - 2 tbsp., Butter - 2 tbsp., Milk - 2 cups, Water - ½ cup, Grated cheese - 5 tbsp., Salt, sugar, pepper as per your taste			
	In microwav milk, water, mix it well &	Instructions In microwave safe glass dish take butter, vegetables, plain flour, milk, water, salt, sugar and pepper, mix well and cook. When beep mix it well & spread grated cheese on it. Keep the dish on high rack and press start. Serve hot.			
4-5 Noodles with Tomato and Cheese Sauce	400-450 g	Ribbon noodles - 250 g, Tomato sauce - ½ cup, Pizza sauce - ½ cup, Cheese sauce - 1 cup, Oil - 2 tbsp., Grated cheese - 2 tbsp., Salt, sugar & pepper as per your taste, Fresh Cream - 2 tbsp., Oregano - ½ tsp., Water - 4 cups			
	Instructions In microwave safe glass bowl add noodles, oil and cook. When beep drain & keep a side. In another bowl add tomato sauce, pizza sauce, cheese sauce, fresh cream, salt, sugar & pepper, mix it well and add boiled noodles, sprinkle cheese and press start. Serve hot.				
4-6 Macaroni Hot Pot	250-300 g	Shell Macaroni - 200 g, Chopped Onion - 2 ea, Chopped capsicum - 1 ea, Chopped Tomato - 2 ea, Chopped Garlic - 1 tsp., Red chili powder - ½ tsp., One small can baked beans - 200 g, Tomato ketchup - 6 tbsp., Grated cheese - 4 tbsp., Butter - 1 tbsp., Salt as per your taste, Oil - 1 tbsp., Water - 4 cups			
	Instructions In microwave safe glass bowl add shell macaroni, oil, water and cook. When beep drain & keep a side. In another bowl add butte salt, onion, capsicum, tomato, garlic cloves, chili powder, cheese baked beans and press start. When beep add macaroni, mix it w and serve hot.				

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Code/Food	Serving Size	Ingredients		Code/Food
4-7 Pasta	400-450 g	Penne Pasta - 200 g, Chopped onion - 2 tbsp., Chopped garlic - 2 tsp., Chopped spinach - 75 g, Cream - 1 cup, Grated cheese - 3 tbsp., Butter - 2 tbsp., Nutmeg Powder - 1 pinch, Oregano - ½ tsp., Salt & pepper as per your taste, Oil - 1 tbsp., Water - 3 cups		4-10 Mushroom Gratin
		s e safe glass bowl take pasta, water, oil and When he water & keep a side. In another bowl add butter,		
	salt, pepper	ion, chopped garlic, spinach, cream, nutmeg powder, powder, oregano, mix it well and press start. After done ese, mix it well & serve hot.		4-11 Pasta in Pesto Sauce
4-8 Corn & Potato Baked	300-350 g	Boiled sweet corn - 100 g, Boiled Potatoes - 2 ea, Finely chopped onion - 1 ea, Finely chopped green chili - 2 ea, Grated cheese - 4 tbsp., White sauce - 1 cup, Fresh cream - 2 tbsp., Butter - 2 tbsp., Salt & Pepper as per you taste		
	Instructions In microwave safe glass dish take butter, onion, green chili and cook. When beep add white sauce, chopped potatoes, sweet corn, fresh cream, salt, pepper, mix it well and sprinkle cheese. Transfer it on high rack and press start. Serve hot.			
4-9 Vegetable in Thai Curry	500-600 g	For green paste : Green chillies - 6~8, Spring onions - 3 ea (chopped along with the green part), Lemon grass leaves - 4 (optional), Ginger - 2" piece, Coriander leaves - 3 tbsp., For main dish : Coconut milk - 1½ cups, Salt - 1½ tsp., A tiny piece of jaggery, Coriander powder - 1 tbsp., Cumin powder - 1 tbsp., Oil - 2 tbsp., Chopped mix vegetable (carrot, cabbage, peas) - 1 cup		
	In microwav			

Code/Food	Serving Size	Ingredients		
4-10 Mushroom Gratin	500-550 g	Mushrooms quartered (cut into 4 pieces each) - 200 g, Oil or butter - 2 tbsp., Maida (flour) - 2 tbsp., Salt - 1 tsp., Pepper - 1 tsp., Rum or sherry (optional) - 1 tsp., Cream - 100 g (½ cup), Water - ½ cup, Some chopped celery or coriander leaves for garnishing		
	other ingred	ctions owave safe plate butter, maida and cook. When beep add all ngredients, mix well and press start. Sprinkle chopped celery ander and serve hot.		
4-11 Pasta in Pesto Sauce	400-450 g	Fussily Pasta - 200 g, Oil - 1 tbsp., Cream - 1 cup, Grated cheese - 3 tbsp., Butter - 2 tbsp., Oregano - ½ tsp., Salt & pepper as per your taste, Olive Oil - 1 tbsp., Pesto Sauce - 4 tbsp., Water - 3 cups		
	When beep butter, olive	s e safe glass bowl take Pasta with water, oil and cook. drain the water & keep a side. In another bowl add oil, pasta, cream, salt, pepper powder, oregano, to sauce. Mix it well & press start. Serve hot.		

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5. Cake & Confectionery

Code/Food	Serving Size	Ingredients	Code/Food	Serving Size	Ingredients
5-1 Butter Sponge	450-500 g	Refined flour - 120 g, Margarine - 90 g, Egg - 2 ea, Powder Sugar - 120 g, Baking Powder - 1 tsp., Milk as required, Vanilla essence - ¼ tsp.	5-3 Banana Bread	450 g	Refined flour - 225 g, Margarine - 125 g, Egg - 2 ea, Powder Sugar - 200 g, Baking Powder - ½ tsp., Soda Bicarb - 1 tsp., Riped Banana - 3 ea, Walnut - 50 g, Milk as required, Vanilla essence - 1 tsp.
	Pre-heat the oven 200 °C with the convection function. Grease and dust 8" cake tin. Sieve flour with baking powder thrice. Cream margarine and powdered sugar until light and fluffy. Beat egg and add to the creamed mixture little by little beating thoroughly between each addition. Fold in the shifted flour a little at a time. Adjust consistency of the batter with milk to get a dropping consistency. Put it in cake tin at low rack, when beep select menu and cook.			dust 10" cal Cream butte gradually to banana with chopped wa When beep	IS e oven 180 °C with the convection function. Grease and ke tin, Sieve flour with baking powder & soda bicarb. er & sugar until light & fluffy. Beat egg separately. Add creamed mixture, beating well all the time. Add mashed in 1 table spoon of flour. Mix well. Fold in flour. Add alnuts. Pour into a greased loaf tin. Put it on low rack, select menu and cook.
5-2 Chocolate Cake	450-500 g	Refined flour - 115 g, Margarine - 55 g, Egg - 2 ea, Powder Sugar - 85 g, Baking Powder - 1 tsp., Soda Bicarb - ½ tsp., Milk as required, Cocoa powder - 2 tbsp., Chocolate essence - 1 tsp.	5-4 Brownie	400-450 g	Refined flour - 100 g, Butter - 75 g, Egg - 2 ea, Chopped Almonds - 3 tbsp., Powder Sugar - 80 g, Baking Powder - 1 tsp., Milk - ¼ cup, Chocolate essence - 1 tsp., Cocoa powder - 2 tbsp., Water - ½ cup
	Pre-heat the oven 200 °C with the convection function. Grease and dust 8" cake tin. Sieve flour with baking powder, cocoa powder & soda bicarb. Cream butter & sugar until light & fluffy. Add egg & beat in well. Add essence & fold in refined flour with sufficient milk to make a soft consistency. Pour in a greased & lined cake tin. Put it on low rack, when beep select menu and cook.			dust 8" cake with half cup & beat well. to Refined fl Add cocoa consistency	Is e oven 200 °C with the convection function. Grease and e tin. Sieve flour with baking powder. Mix cocoa powder o of hot water. In a bowl add powder sugar & butter Add egg & essence & again beat well. Add almonds lour, mix well, add maida mix with butter mixture. solution to it & again mix well. For spoon dropping r add milk. Pour the mixture in a greased tin. Put it on hen beep, select menu and cook.

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Code/Food	Serving Size	Ingredients	Code/Food	Serving Size	Ingredients	
5-5 Marble Cake	450-500 g	Refined flour - 150 g, Condensed Milk - 200 g, Butter - 100 g, Soda Bicarb - ½ tsp., Baking Powder - 1 tsp., Vanilla essence - 1 tsp., Cocoa Powder - 2 tbsp., Milk or water as required	5-8 Chocolate Cookies	200-225 g	Refined flour - 115 g, Margarine or butter - 60 g, Powder sugar - 60 g, Vanilla essence - ½ tsp., Bakin powder - ½ tsp., Cocoa powder - 1 tbsp., Golden syrup - 1 tbsp.	
	Instructions Pre-heat the oven 200 °C with the convection function. Sieve refined flour, baking powder & soda. In a bowl add condensed milk & butter & beat well. Add refind flour, essence & mix. For spoon dropping consistency add milk or water. Divide the mixture in two parts. Add cocoa powder in one part. Put the plain batter & cocoa batter alternately in the tin. Run a spoon through the batter, put it on		 	flour with co & sugar ver golden syru well. Shape	IS e oven 160 °C with the convection function. Sieve the pcoa & baking powder together. Cream the margarine y well until light & creamy. Add the vanilla essence & p & beat very well. Add the flour to the mixture & mix it the biscuit as you wish. Arrange them on a baking tray y rack, When beep, select menu and cook.	
5-6 Coconut Toffee	300-350 g	1 cup, Chopped walnut - 100 g, Ghee - 2 tbsp.	5-9 Almond Cookies (Pistachio)	250-300 g	Refined flour - 115 g, Margarine or butter - 50 g, Powder sugar - 50 g., Cardamom powder - ¼ tsp., Nutmeg powder - ¼ tsp., Chopped almond - 1 tbsp Chopped Pistachio - 1 tbsp., Little saffron, Milk as required	
5-7	 In microwave safe glass bown mix the condensed milk, cocondt and cook. When beep, add ghee and press start. After done add the chopped walnuts & mix well. Spread the mixture on a well greased tin. Press & level by pressing with a wet cloth. After 5 min. mark into small pieces. Remove when cold. 400-450 g Refined flour - 170 g, Butter - 115 g, Powder sugar 		•	flour. Cream Add the saf the sieved f	t the oven 180 °C with the convection function. Sieve the eam the margarine & sugar very well until light & creamy. e saffron, cardamom & nutmeg powder & mix very well. Add ed flour & make a dough. Roll out the dough using a little	
German Biscuits	Instruction	- 60 g, Cashew nut powder - 60 g, Almond essence - ¼ tsp.		shape. Put	le a few nuts & give a light final roll. Cut into desired it on cookie tray at low rack, When beep, select menu Cool the biscuits. Serve them.	
	Pre-heat the flour, cream Almond ess mix well. Th into a circle.	e oven 180 °C with the convection function. Sieve the butter & sugar very well until light & creamy. Add the sence & beat. Add cashew nut & sieved refined flour & le mixture will form into a dough. Roll into sticks & shape . Arrange this on baking tray. Put it on low rack, When t menu and cook. Cool the biscuits. Serve them.	•		(continued	

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Code/Food	Serving Size	Ingredients	
5-10 Kesar Nankatai	400 g	Refined flour - 100 g, Powder sugar - 100 g, Ghee - 100 g, Semolina - 100 g, Cardamom powder - ½ tsp., Nutmeg powder - ½ tsp., Fresh curd - 1 tsp., Soda Bicarb - ¼ tsp., Saffron - ¼ tsp., Milk - 1 tsp.	
	Instructions Pre-heat the oven 180 °C with the convection function. Sieve the flour. Cream the ghee & sugar very well until light & creamy. Add the cardamom & nutmeg powder & cream it again. The saffron dissolve in a 1 tsp. of milk. Add the curd, soda bicarb & prepared saffron. Mix well. Add the flour & semolina & knead well. Make a small round. Arrange them on a baking tray. Put it on low rack, When beep, select menu and cook. Cool the biscuits. Serve them.		

The following table presents the various **Indian Recipe** (Non-Veggie) programmes and appropriate Instructions.

6. Soups & Snacks

Code/Food	Serving Size	Ingredients
6-1 Chicken Shorba	300-400 g	Boneless Chicken - 100 g, Chopped Onion - 1 (medium size), Chopped Garlic - 4~5 cloves, Oil - 1 tbsp., Cumin Seeds - ½ tsp., Water - 1 cup, Coconut Milk - 1 cup, Peppercorns - 5~6, Salt as per taste, Cream - ¼ cup, Chopped Coriander Leaves - 2 tbsp.
	cumin seeds	s e safe glass bowl add oil, chopped onion, garlic cloves, s & chicken, peppercorns. Mix well and cook. When I the other ingredients, mix it well and press start.

Code/Food	Serving Size	Ingredients
6-2 Chicken Soup	350-400 g	Boneless Chicken - 150 g, Ginger paste - 1 tsp., Garlic paste - 1 tsp., Salt & Pepper powder as per your taste, Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Oil - 2 tbsp., Water - 300 ml
	Instruction	-
		e safe glass bowl add oil, chicken in small pieces, e, garlic paste, corn flour paste & water, mix it well and hot.
6-3 Crab Soup	400-450 g	Crab - 150 g, Ginger paste - 1 tsp., Garlic paste - 1 tsp., Salt & Pepper powder as per your taste, Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Oil - 2 tbsp., Water - 350 ml
	Instruction	-
		e safe glass bowl add oil, crab, ginger paste, garlic flour paste & water, mix it well. Mix it well and cook.
	Serve hot.	nour paste & water, mix it well. Mix it well and cook.
6-4 Chicken Manchow Soup	450-500 g	Boneless Chicken - 150 g, Ginger, Garlic, Green Chili - 1 tbsp.(small pieces), Salt & Pepper Powder as per your taste, Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Vinegar - 1 tsp., Chili sauce - ½ tsp., Soya sauce - ½ tbsp., Oil - 2 tbsp., Water - 350 ml
	ginger, garlio	s e safe glass bowl add oil, chicken in small pieces, c, green chili pieces, corn flour paste & chili sauce, soya agar, water, mix it well and cook. Serve hot.
6-5 Mutton Soup	300-350 g	Boneless Mutton - 150 g, Ginger paste - 1 tsp., Garlic Paste - 1 tsp., Salt & Pepper powder as per your taste, Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Oil - 2 tbsp., Water - 300 ml
		s e safe glass bowl add oil, mutton in small pieces, ginger paste, corn flour paste & water, mix it well, cook. Serve

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Code/Food	Serving Size	Ingredients	
6-6 Herb Chicken Soup	350-400 g	Boneless Chicken - 150 g, Chopped Celery - 1 tbsp., Chopped Parsley - 1 tbsp., Oregano - ½ tsp., Chopped Coriander - 1 tbsp., Ginger Paste - 1 tsp., Garlic Paste - 1 tsp., Salt & Pepper powder as per your taste, Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Oil - 2 tbsp., Water - 300 ml	
	ginger paste	e safe glass bowl add oil, chicken in small pieces, e, garlic paste, chopped celery, chopped parsley, opped coriander, corn flour paste & water, mix it well	
6-7 Tom Yum Chicken Soup	300-350 g	Chopped Boneless Chicken - 150 g, Fresh Coriander Leaves a few springs, Green or Fresh red chili - 3~4, Lemon Grass - 4 inches stalk, Lime leaves - 4~5, Salt as per your taste, Thai red curry paste - 2 tbsp., Lemon juice - 2 tbsp., Water - 350 ml	
	Instructions In microwave safe glass bowl add water, boneless chicken, lemon grass, lime leaves & 2 red or green chili, salt, oil, thai red curry paste, lemon juice & cook. Serve hot.		
6-8 Fish Pepper	350-400 g	Fish slice - 300 g, Salt, Lemon juice, Pepper powder as per your taste, Oil - 3 tbsp., Chopped Onion - 4 tbsp., Chopped Tomato - 3 tbsp., Chopped Garlic - 2 tsp., Water as required, Coriander leaves - 1 tbsp.	
	Instructions Marinate fish slice with salt, lemon juice & pepper powder for one hour. In microwave safe bowl put oil, chopped onion, chopped tomato, chopped garlic & cook. When beep add marinated fish, salt to taste & ¼ cup of water and press start. Garnish with chopped coriander leaves.		

Code/Food	Serving Size	Ingredients		
6-9 Lemon Chicken	400-450 g	Boneless Chicken - 300 g, Lemon juice - 3 tbsp., Salt as per your taste, Honey - 3 tsp., Pepper powder - 1 tsp., Olive Oil - 2 tbsp., Corn Flour - 2 tbsp., Corn Flour Paste - 2 tbsp.(dissolve in ½ cup of water), Chopped Coriander leaves - 1 tbsp.		
	for one hour marinated cl			
6-10 Chili Chicken	300-350 g	Boneless Chicken - 250 g, Chopped Ginger - ½ tsp., Chopped Garlic - ½ tsp., Vinegar - 1 tbsp., Soya sauce - 2 tbsp., Ajinomoto - ½ tsp., Green chili - 4~5 ea (slit length ways), One medium capsicum : cut into thin strips, One small onion - cut into ½" thin strips, Onion leaves - 2~3 (cut into long strips), Sugar - 1 tsp., Salt as per your taste, Sherry - 2 tsp., Corn Flour - 2 tsp.(dissolve in ½ of water), Oil - 2 tbsp.		
	soya sauce	s e safe glass bowl mix oil, ajinomoto, ginger-garlic, chili, & chicken and cook. When beep add all ingredients & tter, mix it well, cover it & press start. Serve hot.		
6-11 Ginger Chicken	300-350 g	Boneless Chicken - cut into small pieces, Soya sauce - 3 tbsp., Grated Ginger - 1 tbsp., Thinly sliced Ginger - 1 tbsp., Spring onion - 3~4 (chopped with green part), Sherry - 2 tbsp., Ajinomoto - ½ tsp., Salt as per your taste, Pepper powder - 1 tsp., Corn Flour - 2 tsp. (dissolve in ½ of water), Oil - 2 tbsp.		
	spring onion add salt, pe	s e safe glass bowl mix oil, chicken, grated ginger, sherry, & soya sauce. Mix it well & cover it & cook. When beep oper & sliced ginger. Mix it well, add corn flour paste, iter, mix it well and press start. Serve hot.		

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Code/Food	Serving Size	Ingredients
6-12 Schezwan Chicken	500-550 g	Boneless Chicken - 400 g, Grind red chili - 10, Oil - 3 tbsp., Garlic paste - 1 tbsp., Garlic finely - 1 tbsp. (chopped), Tomato sauce - 4 tbsp., Vinegar - 1 tbsp, Red Chili Sauce - 2 tbsp., Soya Sauce -1½ tbsp., Salt & Sugar as per your taste, Corn flour - 1 tbsp., Ajinomoto - ¼ tsp., Orange color - 1 pinch
		e safe glass bowl add oil, chopped garlic, grind red chili /hen beep add garlic paste & all other ingredients. Mix it
6-13 Chicken Hong Kong	400-450 g Boneless Chicken - 250 g (cut into bite size pier Cashew nut - 15~20, Dried broken red chilies - Fresh garlic - 4~5 (chopped), Sherry - 2 tbsp., § & Sugar as per your taste, Oil - 2 tbsp., Ajinomo ½ tsp., Cornflour - 2 tsp.(dissolve in 1 cup of w	
	ajinomoto, s dried red ch	s e safe glass bowl add oil, ginger, soya sauce, sherry, alt, sugar, chicken and cook. When beep add broken ili powder, garlic, corn flour, cashew nut, all other Mix it well and press start.

7. Indian Special Chicken Dishes

Code/Food	Serving Size	Ingredients			
7-1 Mirchi Chicken	400-450 g	Chicken legs - 5~6, Chopped coriander leaves - 2 tbsp., Oil - 4 tbsp., Tomato puree - 1 cup, Sugar & salt as per your taste, Onion paste - 4 tbsp, Ginger-garlic & green chili paste - 2 tbsp., Lemon juice - 2 tsp., Garam Masala - 1 tsp.			
	it in refrigera marinated cl				
7-2 Butter Chicken	500-550 g	Boneless Chicken - 400 g, Lemon juice - 1 tbsp., Kashmiri red chili powder - 1 tsp., Salt & sugar - as per your taste, Butter - 4 tbsp., Ginger-garlic paste - 2 tbsp., Garam Masala - 1 tsp., Yogurt - ½ cup, Dried fenugreek leaves - 1 tsp., Mustard oil - 2 tsp., Chopped onion paste - 1 cup, Tomato puree - ½ cup, Chopped coriander - 1 tbsp., Fresh cream - ½ cup & orange-red color - 1 pinch			
paste & bowl add		cken with yogurt, mustard oil, lemon juice, ginger-garlic ce it in refrigerator for 1 hr. In microwave safe glass utter, onion paste, chicken & cook. When beep add all ients, mix it well & cover it & press start. Garnish with			

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Code/Food	Serving Size	Ingredients		Code
7-3 Chicken & Mushroom with Tomato	500-600 g	Boneless Chicken - 450 g, Chopped Mushroom - 8~10, Spring onion - 3~4, Finley chopped Garlic - 5~6, Chopped red chili - 1 tbsp., Pepper powder - ¼ tsp., Tomato puree - ½ cup, Honey - 2 tsp., Oregano - ¼ tsp., Butter - 2 tbsp., Salt as per your taste		7-6 Yogurt Chicke
	When beep	s e safe glass bowl take oil, garlic, chicken, salt and cook. add mushroom, tomato puree & all other ingredients, cover it and press start. Sprinkle spring onion & serve		
7-4 Chicken Jalfreji	500-600 g	Chicken - 500 g (medium size pieces), Onion - 1 (chopped), Garlic - 4~5 flakes, Tomato Puree - 4 ea, Grated Ginger - 1 tsp., Garam Masala - 1 tsp., Cumin Powder - 1 tsp., Red Chili Powder - 1 tsp., Lemon Juice - ½ tsp., Turmeric powder - 1 tsp., Oil - 3 tbsp., Capsicum - 1 ea, Cream - 1 cup		7-7 Chicke Makha
	haldi, chicke ingredients,	s e safe glass bowl add oil, onion, ginger, garlic, n and cook. When beep add capsicum & all other all spices & lemon juice except cream. Mix well and After done add cream, mix it well & serve hot.		
7-5 Chicken Jalfrani	600-700 g	Chicken - 500 g (cut into long pieces), Yogurt - ½ cup, Lemon juice - 2 tbsp., Cream - ½ cup, Salt as per your taste, Garam Masala - 1 tsp., Coriander powder - 1 tsp., Cumin powder - 1 tsp., Saffron - ¼ tsp., Chopped coriander - 1 tsp. for garnish		
	Marinate chi	s gurt, cream & lemon juice & add all other ingredients. cken & put it in refrigerator for 2 hrs. In microwave safe dd marinated chicken, cover it and cook.		

Code/Food	Serving Size	Ingredients
7-6 Yogurt Chicken	500-600 g	Chicken - 500 g, Yogurt - 1 cup, Finely chopped mint leaves - 1 tbsp., Corn flour - 1 tbsp.(mix in 2 tbsp. water), Oil - 2 tbsp., Chopped onion - 1 ea, Chopped green chili - 2~3, Chopped ginger - 1 tbsp., Garam Masala - 1 tsp., Dried fenugreek leaves - 1 tsp., Salt as per your taste, Chopped coriander - 1 tbsp.
	chicken, mix ½ cup of wa	s e safe glass bowl add oil, onion, green chili, ginger & it well & cook. When beep add all other ingredients, iter. Cover it and press start. Sprinkle chopped mint & aves. Serve hot.
7-7 Chicken Makhani	600-700 g	Chicken - 600 g (cut into pieces of your choice), Chopped onion - 1 ea, Ginger paste - 1 tsp., Garlic paste - 1 tsp., Tomato puree - ½ cup, Garam Masala - 1 tsp., Coriander powder - 1 tsp., Curnin powder - 1 tsp., Chili powder - 1 tsp., Turmeric powder - 1 tsp., Dried Fenugreek leaves - 1 tsp., Cashew nut powder - 4 tbsp., Cream - ½ cup, Oil - 4 tbsp., Orange-red colour - 1 pinch, Chopped coriander leaves
	turmeric, chi	e safe glass bowl take oil, ginger-garlic paste, onion, li powder, chicken and cook. When beep add all other 1 cup of water. Cover it and press start. Garnish with
		(continued)

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Code/Food	Serving Size	Ingredients
7-8 Green Chicken	700-800 g	Chicken - 500 g (cut into pieces of your choice), Chopped green chili - 3~4, Chopped coriander - ½ cup, Chopped mint - ¼ cup, Two sticks chopped celery, Chopped spring onion - 2 ea, Garlic paste - 1 tsp., Ginger paste - 1 tsp., Cumin powder - 1 tsp., Oil - 3 tbsp., Salt - 1 tsp.
	In microwav ingredients.	s her mint, coriander, celery, green chili to a paste. e safe glass bowl take oil, green paste & all other Mix well and cook. When beep add ½ cup water, mix it ss start. Serve hot.
7-9 Chicken Masala	500-600 g	Chicken - 400 g (cut into pieces of your choice), Chopped onion - 3 ea, Chopped tomato - 3 ea, Ginger-garlic paste - each 1 tsp., Turmeric, Red chili powder - each 1 tsp., Garam Masala - 1 tsp., Oil - 2 tbsp., Salt as per your taste, Chopped coriander, Water - 1 cup
	Instructions In microwave safe glass bowl take oil, ginger-garlic, onion, red chili powder, turmeric powder and cook. When beep ac water, all other ingredients, mix it well and press start. Garn coriander leaves & serve hot.	
7-10 Kadhai Chicken	600-700 g	Chicken - 400 g (cut into pieces of your choice), Ginger-garlic paste - each 1 tsp., Tomato puree - ½ cup, Red chili powder - ½ tsp., Coriander powder - 1 tsp., Garam masala - 1 tsp., Sugar - 1 tsp., Two large capsicum cut into strips, Corn flour - 2 tbsp. (dissolve in 3 cups of water), Oil - 4 tbsp., Dried fenugreek leaves - 1 tsp.
	red chili pov	e safe glass bowl take oil, ginger-garlic, onion, chicken, rder and cook. When beep add 3 cup water, all other mix it well and press start. Garnish with coriander

Code/Food	Serving Size	Ingredients
7-11 Chicken Chettinad	700-800 g	Chicken - 500 g (cut into pieces of your choice), Ginger-garlic paste - each 1 tsp., Tomato puree - ½ cup, Red chili powder - ½ tsp., Chopped onion - 2 ea, Coconut Oil - 3 tbsp., Curry leaves -10~12, Freshly Crushed pepper - 2 tsp., Chopped Coriander powder - 1 tsp., Garam masala - 1 tsp., Water - 2 cups, Yogurt - ½ cup
	and keep in coconut oil, Mix well and	s cken with yogurt, ginger-garlic paste, pepper corns, salt refrigerator for 1 hr. In microwave safe glass bowl add chopped onion, garam masala and marinated chicken. cook. When beep add all other ingredients mix it well art. Garnish with coriander leaves. Serve hot.
7-12 Hyderabadi Chicken	700-800 g	Chicken - 600 g (cut into pieces of your choice), Ginger-garlic paste - each 1 tsp., Tomato puree - ½ cup, Finely chopped onion - 2 ea, Finely Chopped tomato - 2 ea, Oil - 4 tbsp., Water - 1 cup, Cream - 4 tbsp., Salt as per taste, Chopped coriander leaves. For paste : Red chili - 4~5, Cashew nut - 10~12, Magaj - 2 tbsp., Poppy seeds - 1 tbsp., Almond - 7~8, Cloves - 4 ea, Cinnamon - 2 sticks, Cardamom - 2 ea, Make a fine paste of all these ingredients.
	Instructions In microwave safe glass bowl add oil, finely chopped onion, chicken with given paste and cook. When beep add all other ingredients, water, mix it well and press start. Garnish with coriander leaves. Serve hot.	

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8. All Time Favorite

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Code/Food	Serving Size	Ingredients
8-1 Chicken a'la Kiev	550-600 g	Boneless chicken - 500 g, French beans - 18~20 (cut into 1 piece), Carrots - 2 (medium size, cut into 1 piece), Sticky celery - 2 (chopped), Capsicums - 2 (cut into ¼" pieces), Milk - ½ cup, Maida - 2 tbsp., Pepper - 1 tsp., Mustard powder - 1 tsp., Salt - 1 tsp., Grated cheese (Amul) - 4 tbsp.
	beans, 2-3 t	e safe glass bowl mix chicken, carrots, celery, french bsp water, cover it and cook. When beep add all and press start. Add grated cheese. Garnish with
8-2 Chicken & Mushroom Gratin	500-550 g	Boneless chicken - 200 g (cut into bite size pieces), Mushrooms quartered (cut into 4 pieces each) - 200 g, Oil or butter - 2 tbsp., Maida (flour) - 2 tbsp., Salt - 1 tsp., Pepper - 1 tsp., Rum or sherry (optional) - 1 tsp., Cream - 100 g (½ cup), Water - ½ cup, some chopped celery or coriander leaves for garnishing, grated cheese-4 tbsp
	ingredients e cheese and	s e safe glass dish, add chicken, mushroom and all the except cheese and cook. When beep, spread grated put it on high rack and press start. Sprinkle chopped riander and serve hot.

Code/Food	Serving Size	Ingredients
8-3 Meat Loaf	500-550 g	Keema - 500 g (Meanced meat), Curd - ¾ cup, 2 eggs, Garlic paste - 1 tsp., Ginger paste - 1 tsp., Garam masala powder - 1 tsp., Lemon juice - 2 tbsp., Chopped coriander leaves - 2 tbsp., Salt - 1 tsp., Pepper - 1 tsp.(adjust to taste), Bread slices - 3 pieces (soaked in water, squeezed & crumbled) For sauce : Maida - 1 tsp., Mustard powder - ½ tsp., Worcestershire sauce - 1 tbsp., Tomato sauce - 1 tbsp., Chili sauce - 1 tbsp.
	in it and coo When beep,	s dients given under loaf. Grease the dish & put keema k. To the juices, add all ingredients given under sauce. pour the sauce on a loaf and put it on crusty plate and press start. Serve with sauce & decorate with
8-4 Thai Chicken	900 g	For green paste : Green chillies - 6~8, Spring onions - 3 ea (chopped along with the green part) , Lemon grass leaves - 4 (optional), Ginger - 2" piece, Coriander leaves - 3 tbsp. For main dish : Boneless chicken - 700~800 g (cut into pieces), Coconut milk - 1 ½ cups, Salt - 1½ tsp., Jaggery - a tiny piece, Coriander powder - 1 tbsp., Cumin powder - 1 tbsp., Oil - 2 tbsp.
	In microwav	s epare green paste. Churn grated one coconut in mixer. e safe glass bowl add chicken, oil and cook. When alt jaggery and coconut milk. Mix well and press start. (continued)

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Code/Food	Serving Size	Ingredients	С
8-5 Keema Pulav	350-400 g	Keema - 200 g, Basmati Rice - 1 cup, Ghee - 4 tbsp., Cloves - 5 laung, Green cardamoms (broken) - 4, Ginger paste - 1 tbsp., Cinnamon - 1" piece, Bay leaf - 1, Onion - 1 (sliced thinly), Red chili powder - 1 tsp., Salt - 1 tsp., Garam masala - 1 tsp.	8-8 Ch Th Cu
	cardmoms,	s e safe glass bowl mix ghee, laung, dalchini, bay leaf, rice, onion and cook. When beep, add keema, rice, well and press start. Serve hot.	
8-6 Mutton Malai	650-700 g	Mutton - 400 g, Ginger Garlic paste - 1 tbsp., Green chilies finely - 3~4 (chopped),., Salt - 1¼ tsp., Magaz paste- 2 tbsp., coriander-for garnishing, Oil- 2 tbsp., water ½ cup For Gravy : Curd - 1 cup, Ginger Julian -1 tbsp, Salt - 1 tsp., Red chili powder - 1 tsp., Curnin powder - 1 tsp., Cream - 1 cup, Garam masala - 1 tsp.	8-5
	paste, chilli p	s ave safe bowl add mutton, magaz paste, ginger garlic baste and oil and ¼ cup water and cook. When beep ingredients and cook. Garnish with fresh coriander.	Pa To Pu
8-7 Chicken with Sweet & Sour Vegetables	400-450 g	Boneless Chicken - 200 g, Pineapple juice - ½ cup, Baby corns (cut into lengthwise) - 3~4, Broccoli/ cauliflower florets - 4~5, Mushrooms - 3~4 (cut into pieces), Slices of pineapple - 2 ea, Small capsicum - 1 ea (cut into pieces), Red chili paste - ½ tsp., Crushed garlic - 1 ½ tsp., Spring onion white - 2~3 cut into slices, Tomato ketchup - ¼ cup, Vinegar - 3 tbsp., Ajinomoto - ¼ tsp., Sugar - 4 tsp., Soya sauce - 1 tsp., Salt to taste, Stock cube - 1 crushed, Corn flour - 4 tbsp. (mixed in ¼ cup of water), Water - 2 cups	8- ■ Ch Hc Sa
	florets & mu	s e safe bowl add water, pineapple juice, baby corn, shrooms and cook. When beep add chicken, all other mix it well and press start. Serve hot.	

Code/Food	Serving Size	Ingredients
8-8 Chicken in Thai Red Curry	500-550 g	Boneless chicken - 400 g, Kashmiri red chili - 4~5 dry, Onion - ½, Garlic - 8~10 flakes, Chopped ginger - 1 tsp., Lemon grass - 1, Coriander seeds - 1 ½ tsp., Curnin seeds - 1 tsp., Saboot kali mirch - 6, Soya sauce - ½ tsp., Lemon juice - 1 tbsp., Salt & sugar - each 1 tsp., Baby corns - 4~5, Small carrot - 1 ea, Cauliflower - ½ cup, Mushrooms - 2 ea, Basil leaves - 8~10, Coconut milk - 2 cups
	add oil, red o beep add co	s aste of red chili, water. In microwave safe glass bowl curry paste, onion, ginger-garlic paste and cook. When oconut milk, all vegetables, all other ingredients with press start. Add salt, sugar, add basil leaves. Serve hot
8-9 Chicken Pasta in Tomato Puree	with steame 450-500 g	d rice. Boneless chicken - 150 g, Macaroni or pasta - 2 cups, Capsicum - 1 ea (cut into pieces), Tomato - 1 medium (cut into strips), Olive oil - 3 tbsp., Crushed garlic - 2 tsp., Tomato puree - 1 cup, Pepper - ½ tsp., Salt - 1¼ tsp., Oregano - ¾ tsp., Water - ½ cup, Cream - ½ cup, Water - 5 cups
	macaroni, 4	
8-10 Chicken in Hot Garlic Sauce	500-550 g	Boneless chicken - 250 g, Capsicum - 1 ea (cut into pieces), Oil - 3 tbsp., Garlic - 1 tbsp.(chopped), Dry red chili - 1 ea (cut into thin slices), Red chili paste - 1 tsp., Spring onion - 1 ea, Tomato ketchup - 3 tbsp., Red chili sauce - 1 tbsp., Soya sauce - 2 tsp., Vinegar - 1 tbsp., Pepper - ½ tsp., Sugar - ½ tsp., Corn flour - 4 tbsp. (dissolve in ½ cup of water)
	ginger-garlic	s e safe glass bowl put chicken, capsicum, oil, chopped , ½ cup of water and cook. When beep add all other ¼ cup of water, cover it and press start.

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Code/Food	Serving Size	Ingredients
8-11 Chicken with Tomato Rice	550-600 g	Boneless chicken - 150 g, Soaked rice - 1 cup, Sprouted green gram - ½ cup, Finely chopped carrot - ½ cup, Finely chopped French beans - ½ cup, Oil - 2 tbsp., Peanuts - 3 tbsp., Cumin - ½ tsp., Slices of Onion - 1 small, Tomato puree - 4 tbsp., Tomatoes - 2 ea, Turmeric - 1 pinch, Garlic paste - ½ tsp., Garam Masala - ½ tsp., Salt - 1 tsp.
	Instructions In microwave safe glass bowl take oil, add soaked rice, chicken, onion, sprouted green gram and cook. When beep add all other ingredients, 3 cups of water and press start. Serve hot.	

9. Indian Famous Variety

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Code/Food	Serving Size	Ingredients
9-1 Mutton Tetrazini	500-550 g	Mutton - 250 g, Spaghetti - 100 g, Oil - 2 tbsp., Green capsicum - 1 small sized, Red capsicum - 1 small sized, Yellow capsicum - 1 small sized, Mushrooms - 4~5, Onion - 1 large sized, Garlic - 5-6 cloves, Basil Leaves - 5~6, Tomatoes - 4 medium size, Olive oil - 4 tbsp., Pepper powder - ½ tsp., Salt to taste, Grated Cheese - ⅓ cup
	and cook. W	e safe bowl mix oil, salt, mutton, 1 cup of water, cover it /hen beep add chopped capsicum, mushroom, onion, tomato, pepper powder, salt, grated cheese and press

Code/Food	Serving Size	Ingredients
9-2 Mutton Kurma	800-850 g	Boneless Mutton - 600 g, Cashewnuts - ½, chopped Green chillies - 2~3, Fresh coriander leaves - 1 few sprigs, Yogurt - 1 cup, Ginger-garlic paste - 2 tsp., Red chili powder - 1 tsp., Coriander powder - 2 tsp., Salt to taste, Oil - 2 tbsp., Bay leaf - 1, Cloves - 4~5, Green cardamom - 4~5, Green cardamoms - 4~5, Garam masala powder - 1 tsp., White pepper powder - ¼ tsp., Fresh cream - ½ cup
	cloves, gree ginger-garlic	s e safe glass bowl add oil, boneless mutton, green chili, n cardamom, garama masala, white pepper powder, paste, 1 cup of water and cook. When beep add all ients, mix it well and press start.
9-3 Mutton Mirchi	800-900 g	Boneless Mutton - 600 g, Cashewnuts - ½ cup, Green chillies - 2~3, Fresh coriander leaves - 1 few springs, Yogurt - 1 cup, Ginger-garlic paste - 2 tsps., Red chilli powder - 1 tsp., Coriander powder - 2 tsp., Salt to taste, Oil - 2 tbsp., Bay leaf - 1, Cloves - 4~5, Green cardamoms - 4~5, Garam masala powder - 1 tsp, White pepper powder - ¼ tsp., Fresh cream - ⅓ cup
	safe glass bo	s e of green chili, coriander and spring onion. In microwave owl add oil, boneless mutton, green paste, ½ cup of pok. When beep add all other ingredients and press strat.
9-4 Mutton & Mushroom in Hot Tomato Sauce	700-750 g	Boneless Mutton - 500 g, Chopped mushrooms - 10~12, Chopped spring onions - 3~4, Chopped garlic - 5 cloves, Red chili (crushed) - 1 tbsp., Pepper corns - 5~6, Chopped tomato - 1 large size, Butter - 2 tbsp., Salt to taste, Tomato - ¾ cup, Honey - 2 tsp., Dried oregano - ¼ tsp.
		s e safe add butter, mutton, 1 cup of water and cook. add all other ingredients and press start. Serve hot.
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Code/Food	Serving Size	Ingredients
9-5 Bombay Prawn	700-750 g	Prawns - 500 g, Ginger-garlic - each 1 tsp., Cumin seeds - 1 tsp., Red chilies whole - 12~15, Cloves - 7~8, Cinnamon - 2 inch stick, Mustard seeds - 1 tsp., Vinegar - 4 tbsp., Chopped Onions - 2 medium size, Chopped tomato - 4 medium size, Oil - ½ cup, Sugar - 2 tbsp., Salt to taste
	Instructions	
	In microwave safe glass bowl take oil, chopped onion, chopped tomato, cumin seeds, ginger-garlic paste, cloves, cinnamon, cumin seeds, mustard seeds, chili, prawns and cook. When beep add vinegar, salt, sugar, mix it well and press start. Serve hot.	
9-6 Chicken Vindaloo	650-700 g	Boneless Chicken - 500 g (cut into pieces), Dry red chilies - 6~7, Vinegar - 3 tbsp., Chopped Onion - 2 ea, Garlic & ginger paste - each 1 tsp., Tomato puree - ¼ cup, Potato - 1 ea, Oil - 3 tbsp., Stick cinnamon - 2", Cumin powder - 1 tsp., Turmeric powder - ½ tsp., Salt - 1 ½ tsp., Water - ½ cup
	Instructions In microwave safe glass bowl take oil, stick cinnamon, turmeric powder, garlic-ginger paste, chopped onion, chicken and cook. When beep add potato, tomato puree, cumin powder & half cup of water. Mix it well and press start. Serve hot.	
9-7 Dum Chicken Kali Mirch	600-650 g	Chicken - 400 g (cut into 8 pieces) Marinade : Thick yogurt - ½ cup, Almonds - 8~10 (ground to powder), Ginger-garlic paste - 1 tbsp., Oil - 1 tbsp., Red chili powder - ½ tsp., Salt - ¾ tsp., Garama masala powder - ½ tsp. Other ingredients : Oil - 3 tbsp., Peppercorns - ½ tsp., Onion paste - 2 ea, Coriander powder - 1 tsp.
	Instructions In microwave safe glass bowl take oil, chicken & marinated ingredients. Mix it well & keep it in refrigerator for 1 hr. and cook. When beep mix it well and press start. Serve hot.	

	Serving	
Code/Food	Size	Ingredients
9-8 Bengali Fish Curry	400-450 g	Fish - 300 g (cut into 1½" flat pieces), Lemon juice - 1 tbsp., Salt - ½ tsp., Turmeric - ½ tsp., Oil - 4 tbsp., Chili powder - ¼ tsp, Chopped coriander - 1 tsp., Water - 1 cup Mustard paste (grind) : Yellow mustard - 4 tsp., Dry red chilies deseed - 2 ea, Finely chopped onion - 1, Salt - ¼ tsp., Water to grind - 2~3 tbsp.
	Instructions	
	In microwave safe glass bowl take oil, fish, lemon juice, chili powder, turmeric powder, salt and cook. When beep add mustard paste, one cup of water. Mix it well and press start. Serve hot with rice.	
9-9 Chicken Hot	350-400 g	Chicken - 100 g (cut into 2-3 pieces), Water - 4 cups, Salt as per your taste.
& Sour Soup		Other ingredients : Oil - 1 tbsp., Crushed garlic - ³ ⁄ ₄ tsp., Red chili paste - ¹ ⁄ ₂ tsp., Chopped cabbage - 2 tbsp., Grated carrot - 2 tbsp., 1 Chicken soup cubes crushed, Sugar - 1 tsp., Pepper - ¹ ⁄ ₄ tsp. Soya sauce - ¹ ⁄ ₂ tsp., Tomato ketchup - 1 tbsp., White vinegar - 1 tbsp., Corn flour (dissolve ¹ ⁄ ₄ cup of water) - 4 tbsp.
	Instructions	
	In microwave safe glass bowl take chicken, water, salt and cook. When beep add all other ingredients and press start. Serve hot.	
9-10 Schezwan Prawns	450-500 g	Prawns - 200 g, Red chili paste - 2 tbsp., Tomato sauce - 4 tbsp., Soya sauce - 1 tbsp., Ajinomoto - ¼ tsp., Sugar - 2 tsp., Salt as per your taste, Water - 1 cup, Oil - 2 tbsp., Pepper powder - ¼ tsp., 1" ginger chopped, Garlic - 5~6 (chopped), Green chili - 1 tsp., Spring onion - 2 tbsp. (chopped), Water - ½ cup, Corn flour - 2 tbsp. (dissolve in 1 cup water), Vinegar - 1 tbsp.
	Instructions	
	In microwave safe glass bowl take prawns, ginger, garlic, green chili, water and cook. When beep add all other ingredients. Mix it	
	well and press start.	
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Code/Food	Serving Size	Ingredients
9-11 Kheema Kofta	450-500 g	Keema - 250 g, Ginger-garlic paste - 1 tsp., Green chilies - 2 (chopped), Garam masala - ½ tsp., Salt - ¾ tsp., Bread-crumbs - ½ cup, Fresh coriander leaves - 2 tbsp (chopped) For Creamy tomato sauce : Tomato puree - 1 cup, Chopped ginger - 1 tbsp., Salt - ¾ tsp., Red chili powder - ¾ tsp., Cumin powder - 1 tsp., Cream - ½ cup, Orange red colour - 1 pinch
	Instruction	-
	garam masa When beep	e safe glass bowl take kheema, ginger-garlic paste, Ia, chopped green chilies, salt, make a kofta and cook. add creamy tomato sauce material, kofta and press hot with coriander leaves.
9-12 Mutton Mint Shorba	550-600 g	Boneless Mutton - 300 g (cut into pieces), Mint leaves - 25~30 (rawly chopped), Olive oil - 1 tbsp., Curnin seed powder - 1 tsp., Chopped onion - 1 ea, Chopped garlic - 1 tsp., Red chili flakes - ¼ tsp., Cinnamon powder - ½ tsp., Green cardamom - 1 ea, Chopped tomato - 2 ea, Salt & pepper powder as per your taste, Coconut milk - ½ cup, Water - 4 cups
		e safe glass bowl add boneless mutton, olive oil, on and cook. When beep add all other ingredients and
9-13 Chicken in Noodle Soup	550-600 g	Noodles - 200 g, Boneless Chicken - 200 g, Water - 4 cups, Fresh red chilies - 2 ea (sliced), Soya sauce - 2 tbsp., Chopped onion - 1 ea, White pepper powder & salt as per your taste, Fresh basil leaves - 10-12, Chopped Coriander leaves - 2 tbsp., Chopped spring onion - 2 tbsp., Sugar as per your taste, Oil - 2 tbsp.
	water and c	s e safe glass bowl add chicken, onion, oil, 1 cup of ook. When beep add all other ingredients and press hot, garnish with coriander leaves and spring onion.

USING THE DOUGH PROOF / CURD FEATURES

The 5 **Dough Proof / Curd** features provide pre-programmed cooking times. You do not need to set either the cooking times or the power level. You can adjust the dough proof / curd category by pressing the **Up** or **Down** button after press the **Dough Proof** / **Curd** button.

First, place the food in the centre of the turntable and close the door.

1. Press the Dough Proof / Curd button.
2. Select the type of food that you are cooking by Up or Down button. No.1 is Dough Proof and No.2 is Curd. You have to choose the number that you want to use for cooking by pressing the Up or Down button. Refer to the table on the following page for a description of the various preprogrammed settings. At that time, press the Select button to select the type of food.
 Select the size of the serving by pressing the Up or Down button.
4. Press the START button.

Turntable is not operating during curd cooking.

04 OVEN USE

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The following table presents how to use the auto programme for rising yeast dough or curd.

1. Dough Proof

Code/Food	Serving Size	Instructions
1-1 Pizza Dough	300-500 g	Put dough in suitable sized bowl and set on the low rack. Cover with aluminium foil.
1-2 Cake Dough	500-800 g	Put dough in suitable sized bowl and set on the low rack. Cover with aluminium foil.
1-3 Bread Dough	600-900 g	Put dough in suitable sized bowl and set on the low rack. Cover with aluminium foil.

2. Curd

Code/Food	Serving Size	Instructions
2-1 Small Cups	500 g	Distribute 150 g curd into 5 microwave-safe cups or small glass jars evenly (30 g each). Add 100 ml milk into each cup. Use long-life milk (room-temperature; 3,5 % fat). Cover each with cling film and set in a circle on turntable. After finish, keep 6 hours in a refrigerator. For the first time we recommend to use dried yoghurt bacteria ferment.
2-2 Large Bowl	500 g	Mix 150 g curd with 500 ml long-life milk (room- temperature; 3,5 % fat). Pour evenly into large glass bowl. Cover with cling film and set on turntable. After finish, keep 6 hours in a refrigerator. For the first time we recommend to use dried yoghurt bacteria ferment.

USING THE POWER DEFROST FEATURES

The 5 **Power Defrost** features enables you to defrost meat, poultry, fish, bread, cake and fruit. The defrost time and power level are set automatically. You simply select the programme and the weight.

Use only containers that are microwave-safe.

Open the door. Place the frozen food on a ceramic in the centre of the turntable. Close the door.

Power Defrost	1.	Press the Power Defrost button.	
∽∧ Im _{Select}	2.	Select the type of food that you are cooking by pressing the Up or Down button. Refer to the table on the following page for a description of the various pre-programmed settings. At that time, press the Select button to select the type of food.	
\lor \land	3.	Select the size of the serving by pressing the Up or Down button.	
لې START	4.	Press the START button. Result: • Defrosting begins. • The oven beeps through defrosting to remind you to turn the food over.	
START	5.	Press the START button again to finish defrosting. Result: When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.	

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The following table presents the various **Power Defrost** programmes, quantities and appropriate instructions. Remove all kind of package material before defrosting. Place meat, poultry and fish on a flat glass plate or on a ceramic plate, arrange bread, cake and fruit on kitchen paper.

Code/Food	Serving Size	Instructions
1 Meat	200-1500 g	Shield the edges with aluminium foil. Turn the meat over, when the oven beeps. This programme is suitable for beef, lamb, pork, steaks, chops, minced meat. Stand for 20- 90 minutes.
2 Poultry	200-1500 g	Shield the leg and wing tips with aluminium foil. Turn the poultry over, when the oven beeps. This programme is suitable for whole chicken as well as for chicken portions. Stand for 20-90 minutes.
3 Fish	200-1500 g	Shield the tail of a whole fish with aluminium foil. Turn the fish over, when the oven beeps. This programme is suitable for whole fishes as well as for fish fillets. Stand for 20-80 minutes.
4 Bread/Cake	125-1000 g	Put bread horizontally on a piece of kitchen paper and turn over, as soon as the oven beeps. Place cake on a microwave-safe plate and if possible, turn over, as soon as the oven beeps. (Oven keeps operating and is stopped, when you open the door.) This programme is suitable for all kinds of bread, sliced or whole, as well as for bread rolls and baguettes. Arrange bread rolls in a circle. This programme is suitable for all kinds of yeast cake, biscuit, cheese cake and puff pastry. It is not suitable for short/crust pastry, fruit and cream cakes as well as for cake with chocolate topping. Stand for 10-60 minutes.
5 Fruit	100-600 g	Spread fruits evenly into a flat glass dish. This programme is suitable for all kind of fruits. Stand for 5-20 minutes.

CONVECTION

The convection mode enables you to cook food in the same way as in a traditional oven. The microwave mode is not used. You can set the temperature, as required, in a range varying from 40 °C to 200 °C. The maximum cooking time is 60 minutes.

- Always use oven gloves when touching the recipients in the oven, as they will be very hot.
- You can get better cooking and browning, if you use the low rack.

Check that the heating element is in the horizontal position. Open the door and place the recipient on the low rack and set on turntable.

کی Convection	Image: Press the Convection button. Result: The following indications are displayed:
\sim \wedge	 2. Set the temperature by pressing the Up or Down button. (Temperature : 40~200 °C, 10 °C interval) If don't set the temperature within 5 seconds, Automatically changes to the cooking time setting stage.
ကြ Select	3. Press the Select button.
$\vee \wedge$	 Set the cooking time by pressing the Up or Down button. (If you want to preheat the oven, omit this step.)
START START	 5. Press the START button. Result: Cooking starts. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.

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GRILLING

The grill enables you to heat and brown food quickly, without using microwaves.

- Always use oven gloves when touching the recipients in the oven, as they will be very hot.
- You can get better cooking and grilling results, if you use the high rack.

	1. Open the door and place the food on the rack.
	2. Press the Grill button.
N N	Result: The following indications are displayed:
	INJ (arill mode)
Grill	You cannot set the temperature of the grill.
$\vee \wedge$	 Set the grilling time by pressing the Up or Down button. The maximum grilling time is 60 minutes.
	4. Press the START button.
\wedge	Result: Grilling starts.
	When cooking has finished, the oven will
START	beep and flash "End" 4 times. The oven will
Shart	then beep one time per minute.

CHOOSING THE ACCESSORIES



Traditional convection cooking does require cookware. You should, however, use only cookware that you would use in your normal oven.

Microwave-safe containers are not usually suitable for convection cooking; don't use plastic containers, dishes, paper cups, towels, etc.

If you wish to select a combined cooking mode (microwave and grill or convection), use only recipients that are microwave-safe and oven-proof.

For further details on suitable cookware and utensils, refer to the Cookware Guide on page 43.

COMBINING MICROWAVE AND GRILL

You can also combine microwave cooking with the grill, to cook quickly and brown at the same time.

- ALWAYS use microwave-safe and oven-proof cookware. Glass or ceramic dishes are ideal as they allow the microwaves to penetrate the food evenly.
- ALWAYS use oven gloves when touching the recipients in the oven, as they will be very hot.

You can improve cooking and grilling, if you use the high rack.

Open the door. Place the food on the rack best suited to the type of food to be cooked. Place the rack on the turntable. Close the door.

<u>ሙ</u> የ መንግ Combi	1.	Press the Combi button. Result: The following indications are displayed: Cb - 1 (Microwave + Grill)
الم من الم	2.	Make the display indicating Cb - 1 by pressing the Up or Down button, and then press the Select button. Result: The following indications are displayed:
〜 へ 「m _{Select}	3.	 Select the appropriate power level by pressing the Up or Down button until the corresponding output power is displayed (600, 450, 300 W). At that time, press the Select button to set the power level. You cannot set the temperature of the grill. If don't set the power level within 5 seconds, Automatically changes to the cooking time setting stage.
$\vee \wedge$	4.	Set the cooking time by pressing the Up or Down button.The maximum cooking time is 60 minutes.
کې start	5.	Press the START button. Result: Combination cooking starts. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.

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COMBINING MICROWAVE AND CONVECTION

Combination cooking uses both microwave energy and convection heating. No preheating is required as the microwave energy is immediately available. Many foods can be cooked in combination mode, particularly:

- Roast meats and poultry
- Pies and cakes
- Egg and cheese dishes

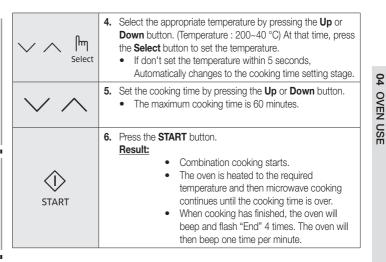
ALWAYS use microwave-safe and oven-proof cookware. Glass or ceramic dishes are ideal as they allow the microwaves to penetrate the food evenly.

ALWAYS use oven gloves when touching the dishes in the oven, as they will be very hot.

You can get better cooking and browning, if you use the low rack.

Open the door. Place the food on the turntable or on the low rack which should then be placed on the turntable. Close the door. The heating element must be in the horizontal position.

<u>ሙ</u> የመጠ Combi	1. Press the Combi button. <u>Result:</u> The following indications are displayed: Cb - 1 (Microwave + Grill)
V ۸ آم Select	2. Make the display indicating Cb - 2 by pressing the Up or Down button, and then press the Select button. Result: The following indications are displayed:
المجمع الم	 3. Select the appropriate power level by pressing the Up or Down button until the corresponding output power is displayed (600, 450, 300, 180, 100 W). At that time, press the Select button to set the power level. If don't set the power level within 5 seconds, Automatically changes to the cooking time setting stage (Default: 180 °C)



USING THE CHILD LOCK FEATURES

Your microwave oven is fitted with a special child lock programme, which enables the oven to be "locked" so that children or anyone unfamiliar with it cannot operate it accidentally.

P Child Lock	 Press the Child Lock button for three second. Result: The oven is locked (no functions can be selected). The display shows "L".
Child Lock	 To unlock the oven, press the Child Lock button for three second. <u>Result:</u> The oven can be used normally.

USING THE TURNTABLE ON/OFF FEATURES

The **Turntable on/off** button enables you to use large dishes which fill the whole oven by stopping the turntable from rotating (only manual cooking mode).

The results may be less satisfactory in this case as the cooking is less even. We recommend that you turn the dish by hand halfway through the cooking process.

Never operate the turntable without food in the oven. **Reason:** This may cause fire or damage to the unit.

Turntable	 Press the Turntable on/off button. <u>Result:</u> The turntable will not rotate.
on/off	The following indications are displayed:
Turntable	 To switch the turntable rotating back on, press the
on/off	Turntable on/off button again. <u>Result:</u> The turntable will rotate.

This **Turntable on/off** button is available only during manual cooking mode.

USING THE DEODORISATION FEATURES

Use the feature after cooking odorous food or when there is a lot of smoke in the oven interior. First clean the oven interior.

Deodorisation	1.	Press the Deodorisation button after you have finished cleaning.
START	2.	Press the START button.

- The deodorisation time has been specified as 5 minutes.
- You can also adjust Deodorisation time by pressing the +30s button.
- The maximum deodorisation time is 15 minutes.

SWITCHING THE BEEPER OFF

You can switch the beeper off whenever you want.

START	STOP ECO	1.	Press the START and STOP / ECO button at the same time. (one second) Result: The oven does not beep to indicate the end of a function.
START	STOP ECO	2.	To switch the beeper back on, press the START and STOP / ECO buttons again at the same time. (one second) Result: The oven operates normally.

cookware guide

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To cook food in the microwave oven, the microwaves must be able to penetrate the food, without being reflected or absorbed by the dish used.

Care must therefore be taken when choosing the cookware. If the cookware is marked microwave-safe, you do not need to worry.

The following table lists various types of cookware and indicates whether and how they should be used in a microwave oven.

Cookware	Microwave-safe	Comments
Aluminum foil	√ X	Can be used in small quantities to protect areas against overcooking. Arcing can occur if the foil is too close to the oven wall or if too much foil is used.
Crust plate	1	Do not preheat for more than 8 minutes.
China and earthenware	1	Porcelain, pottery, glazed earthenware and bone china are usually suitable, unless decorated with a metal trim.
Disposable polyester cardboard dishes	1	Some frozen foods are packaged in these dishes.
Fast-food packaging		
Polystyrene cups containers	1	Can be used to warm food. Overheating may cause the polystyrene to melt.
 Paper bags or newspaper 	×	May catch fire.
 Recycled paper or metal trims 	×	May cause arcing.

Cookware	Microwave-safe	Comments	
Glassware			
Oven-to-tableware	1	Can be used, unless decorated with a metal trim.	
Fine glassware	1	Can be used to warm foods or liquids. Delicate glass may break or crack if heated suddenly.	
Glass jars	1	Must remove the lid. Suitable for warming only.	
Metal			
Dishes	×	May cause arcing or fire.	
 Freezer bag twist ties 	×		
Paper			
 Plates, cups, napkins and kitchen paper 	1	For short cooking times and warming. Also to absorb excess moisture.	
 Recycled paper 	×	May cause arcing.	
Plastic			
Containers	1	Particularly if heat-resistant thermoplastic. Some other plastics may warp or discolour at high temperatures. Do not use Melamine plastic.	
Cling film	J	Can be used to retain moisture. Should not touch the food. Take care when removing the film as hot steam will escape.	
Freezer bags	√ X	Only if boilable or oven-proof. Should not be airtight. Prick with a fork, if necessary.	
Wax or grease-proof paper	1	Can be used to retain moisture and prevent spattering.	
✓ : Recommended	√x ∶Use	caution 🗶 : Unsafe	

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05 COOKWARE GUIDE

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cooking guide

MICROWAVES

Microwave energy actually penetrates food, attracted and absorbed by its water, fat and sugar content.

The microwaves cause the molecules in the food to move rapidly. The rapid movement of these molecules creates friction and the resulting heat cooks the food.

COOKING

Cookware for microwave cooking:

Cookware must allow microwave energy to pass through it for maximum efficiency. Microwaves are reflected by metal, such as stainless steel, aluminium and copper, but they can penetrate through ceramic, glass, porcelain and plastic as well as paper and wood. So food must never be cooked in metal containers.

Food suitable for microwave cooking:

Many kinds of food are suitable for microwave cooking, including fresh or frozen vegetables, fruit, pasta, rice, grains, beans, fish, and meat. Sauces, custard, soups, steamed puddings, preserves, and chutneys can also be cooked in a microwave oven. Generally speaking, microwave cooking is ideal for any food that would normally be prepared on a hob. Melting butter or chocolate, for example (see the chapter with tips, techniques and hints).

Covering during cooking

To cover the food during cooking is very important, as the evaporated water rises as steam and contributes to cooking process. Food can be covered in different ways: e.g. with a ceramic plate, plastic cover or microwave suitable cling film.

Standing times

After cooking is over food the standing time is important to allow the temperature to even out within the food.

Cooking Guide for frozen vegetables

Use a suitable glass pyrex bowl with lid. Cook covered for the minimum time – see table. Continue cooking to get the result you prefer.

Stir twice during cooking and once after cooking. Add salt, herbs or butter after cooking. Cover during standing time.

Food	Serving Size	Power	Time (min.)		
Spinach	150 g	600 W	5-6		
	Instructions				
	Add 15 ml (1 tbsp.) co	old water. Serve after 2-	3 minutes standing.		
Broccoli	300 g	600 W	8-9		
	Instructions				
	Add 30 ml (2 tbsp.) co	old water. Serve after 2-	3 minutes standing.		
Peas	300 g600 W7-8InstructionsAdd 15 ml (1 tbsp.) cold water. Serve after 2-3 minutes standing.				
Green Beans	300 g 600 W 7½-8½				
	Instructions				
	Add 30 ml (2 tbsp.) cold water. Serve after 2-3 minutes standing.				
Mixed	300 g	600 W	7-8		
Vegetables	Instructions				
(Carrots/Peas/	Add 15 ml (1 tbsp.) cold water. Serve after 2-3 minutes standing.				
Corn)					
Mixed	300 g 600 W 7½-8½				
Vegetables	Instructions				
(Chinese style)	Add 15 ml (1 tbsp.) cold water. Serve after 2-3 minutes standing.				

Cooking Guide for fresh vegetables

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Use a suitable glass bowl with lid. Add 30-45 ml cold water (2-3 tbsp.) for every 250 g unless another water quantity is recommended – see table. Cook covered for the minimum time – see table. Continue cooking to get the result you prefer. Stir once during and once after cooking. Add salt, herbs or butter after cooking. Cover during a standing time of 3 minutes.

<u>Hint:</u> Cut the fresh vegetables into even sized pieces. The smaller they are cut, the quicker they will cook.

Food	Serving Size	Power	Time (min.)		
Broccoli	250 g 500 g	900 W	4½-5 7-8		
	Instructions Prepare even sized flo after 3 minutes standing	Instructions Prepare even sized florets. Arrange the stems to the centre. Serve			
Brussels	250 g	900 W	6-61/2		
Sprouts	Instructions Add 60-75 ml (5-6 tbs	sp.) water. Serve after 3	minutes standing.		
Carrots	250 g	900 W	41⁄2-5		
	Instructions Cut carrots into even sized slices. Serve after 3 minutes standing.				
Cauliflower	r 250 g 900 W 5 500 g 7				
	Instructions Prepare even sized florets. Cut big florets into halves. Arrange stems to the centre. Serve after 3 minutes standing.				
Courgettes	250 g	900 W	4-41/2		
	Instructions Cut courgettes into slices. Add 30 ml (2 tbsp.) water or a knob of butter. Cook until just tender. Serve after 3 minutes standing.				
Egg Plants	250 g 900 W 3½-4				
	Instructions Cut egg plants into small slices and sprinkle with 1 tablespoon lemon juice. Serve after 3 minutes standing.				

Food	Serving Size	Power	Time (min.)	
Leeks	250 g	900 W	4-41/2	
	Instructions Cut leeks into thick slices. Serve after 3 minutes standing.			
Mushrooms	125 g 250 g	900 W	1½-2 2½-3	
		r sliced mushrooms. Do ice. Spice with salt and minutes standing.		
Onions	250 g	900 W	5-5½	
	Instructions Cut onions into slices or halves. Add only 15 ml (1 tbsp.) water. Serve after 3 minutes standing.			
Peppers	250 g	900 W	41⁄2-5	
	Instructions Cut pepper into small slices.			
Potatoes	250 g 500 g	900 W	4-5 7-8	
	Instructions Weigh the peeled potatoes and cut them into similar sized halves or guarters. Serve after 3 minutes standing.			
Turnip	250 g	900 W	51/2-6	
Cabbage	Instructions Cut turnip cabbage in standing.	to small cubes. Serve a	fter 3 minutes	

Cooking Guide for rice and pasta

Rice: Use a large glass bowl with lid - rice doubles in volume during cooking. Cook covered.

After the cooking time is over, stir before standing time and salt or add herbs and butter.

Remark: the rice may not have absorbed all water after the cooking time is finished.

Pasta: Use a large glass bowl. Add boiling water, a pinch of salt and stir well. Cook uncovered.

Stir occasionally during and after cooking. Cover during standing time and drain thoroughly afterwards.

Food	Serving Size	Power	Time (min.)		
White Rice	250 g	900 W	15-16		
(Parboiled)	375 g		17½-18½		
	Instructions				
	Add cold water of dou	ible quantity. Serve afte	r 5 minutes standing.		
Brown Rice	250 g	900 W	20-21		
(Parboiled)	375 g		22-23		
	Instructions				
		uble quantity. Serve afte	Ű		
Mixed Rice	250 g	900 W	16-17		
(Rice + Wild	Instructions				
rice)	Add 500 ml cold water. Serve after 5 minutes standing.				
Mixed Corn	250 g	900 W	17-18		
(Rice + Grain)	Instructions				
	Add 400 ml cold water. Serve after 5 minutes standing.				
Pasta	250 g	900 W	10-11		
	Instructions				
	Add 1000 ml hot water. Serve after 5 minutes standing.				

REHEATING

Your microwave oven will reheat food in a fraction of the time that conventional ovens hobs normally take.

Use the power levels and reheating times in the following chart as a guide. The times in the chart consider liquids with a room temperature of about +18 to +20 °C or a chilled food with a temperature of about +5 to +7 °C.

Arranging and covering

Avoid reheating large items such as joint of meat - they tend to overcook and dry out before the centre is piping hot. Reheating small pieces will be more successful.

Power levels and stirring

Some foods can be reheated using 900 W power while others should be reheated using 600 W, 450 W or even 300 W.

Check the tables for guidance.

In general, it is better to reheat food using a lower power level, if the food is delicate, in large quantities, or if it is likely to heat up very quickly (mince pies, for example). Stir well or turn food over during reheating for best results. When possible, stir again before serving.

Take particular care when heating liquids and baby foods. To prevent eruptive boiling of liquids and possible scalding, stir before, during and after heating. Keep them in the microwave oven during standing time. We recommend putting a plastic spoon or glass stick into the liquids. Avoid overheating (and therefore spoiling) the food. It is preferable to underestimate cooking time and add extra heating time, if necessary.

Heating and standing times

When reheating food for the first time, it is helpful to make a note of the time taken - for future reference.

Always make sure that the reheated food is piping hot throughout.

Allow food to stand for a short time after reheating - to let the temperature even out.

The recommended standing time after reheating is 2-4 minutes, unless another time is recommended in the chart.

Take particular care when heating liquids and baby food. See also the chapter with the safety precautions.

REHEATING LIQUIDS

Always allow a standing time of at least 20 seconds after the oven has been switched off to allow the temperature to even out. Stir during heating, if necessary, and ALWAYS stir after heating. To prevent eruptive boiling and possible scalding, you should put a spoon or glass stick into the beverages and stir before, during and after heating.

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REHEATING BABY FOOD

BABY FOOD:

Empty into a deep ceramic plate. Cover with plastic lid. Stir well after reheating! Let stand for 2-3 minutes before serving. Stir again and check the temperature. Recommended serving temperature: between 30-40 °C.

BABY MILK:

Pour milk into a sterilised glass bottle. Reheat uncovered. Never heat a baby's bottle with teat on, as the bottle may explode if overheated. Shake well before standing time and again before serving ! Always carefully check the temperature of baby milk or food before giving it to the baby. Recommended serving temperature: ca. 37 °C.

REMARK:

Baby food particularly needs to be checked carefully before serving to prevent burns. Use the power levels and times in the next table as a guide lines for reheating.

Reheating Liquids and Food

Use the power levels and times in this table as a guide lines for reheating.

Food	Serving Size	Power	Time (min.)		
Drinks (Coffee,	150 ml (1 cup)	900 W	1-1½		
Tea and Water)	300 ml (2 cups)		2-21/2		
	450 ml (3 cups)		3-31/2		
	600 ml (4 cups)	31⁄2-4			
	Instructions				
	· ·	heat uncovered: 1 cup	, I		
	opposite of each other, 3 cups in a circle. Keep in microwave				
	oven during standing time and stir well. Serve after 1-2 minutes				
	standing.				
Soup (Chilled)	250 g	900 W	21/2-3		
	350 g		3-31/2		
	450 g		31⁄2-4		
	550 g		41⁄2-5		
	Instructions				
	Pour into a deep microwave-safe plate or bowl. Cover with plastic lid. Stir well after reheating. Stir again before serving.				
	Serve after 2-3 minute	es standing.			

Food	Serving Size	Power	Time (min.)		
Stew (Chilled)	350 g	600 W	41⁄2-51⁄2		
	Instructions				
	Put stew in a deep microwave-safe plate. Cover with plastic lid.				
	Stir occasionally during reheating and again before standing and				
	serving. Serve after 2		1		
Pasta with	350 g	600 W	31⁄2-41⁄2		
Sauce (Chilled)	Instructions				
		etti or egg noodles) on			
		microwave cling film.	Stir before serving.		
		Serve after 3 minutes standing.			
Filled Pasta	350 g 600 W 4-5				
with Sauce	Instructions				
(Chilled)		avioli, tortellini) in a deel			
		tic lid. Stir occasionally	0 0		
	and again before standing and serving. Serve after 3 minutes standing.				
Plated Meal	350 g	600 W	41⁄2-5		
(Chilled)	450 g	000 W	51/2-61/2		
(Onlined)	Instructions		072 072		
		nilled components on a	microwave-safe		
		owave cling-film. Serve			
	standing.				
Cheese Fondue	400 g 600 W 6-7				
Ready-To-Serve	Instructions				
(Chilled)	Put the ready-to-serve cheese fondue in a suitable sized glass				
	bowl with lid. Stir occasionally during and after reheating. Stir well				
	before serving. Serve after 1-2 minutes standing.				

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Reheating Baby Food and Milk

Use the power levels and times in this table as guide lines for reheating.

Food	Serving Size	Power	Time			
Baby Food	190 g	600 W	30 sec.			
(Vegetables +	Instructions	Instructions				
Meat)		eep plate. Cook covered	0			
	time. Before serving, s Serve after 2-3 minute	stir well and check the to as standing.	emperature carefully.			
Baby Porridge	190 g	190 g 600 W 20 sec.				
(Grain + Milk + Fruit)	Instructions Empty into microwave-safe deep plate. Cook covered. Stir after cooking time. Before serving, stir well and check the temperature carefully. Serve after 2-3 minutes standing.					
Baby Milk	100 ml	300 W	30-40 sec.			
	200 ml 1 min. to 1 min. 10 sec.					
	Instructions Stir or shake well and pour into a sterilized glass bottle. Place into the centre of turntable. Cook uncovered. Before serving, shake well and check the temperature carefully. Serve after 2-3 minutes standing.					

DEFROSTING

Microwaves are an excellent way of defrosting frozen food. Microwaves gently defrost frozen food in a short period of time. This can be of great advantage, if unexpected guests suddenly show up.

Frozen poultry must be thoroughly thawed before cooking. Remove any metal ties and take it out of any wrapping to allow thawed liquid to drain away.

Put the frozen food on a dish without cover. Turn over half way, drain off any liquid and remove any giblets as soon as possible. Check the food occasionally to make sure that it does not feel warm.

If smaller and thinner parts of the frozen food start to warm up, they can be shield by wrapping very small strips of aluminium foil around them during defrosting.

Should poultry start to warm up on the outer surface, stop thawing and allow it to stand for 20 minutes before continuing.

Leave the fish, meat and poultry to stand in order to complete defrosting. The standing time for complete defrosting will vary depending on the quantity defrosted. Please refer to the table below.

Hint: Flat food defrosts better than thick and smaller quantities need less time than bigger ones. Remember this hint while freezing and defrosting food.

 For defrosting of frozen food with a temperature of about -18 to -20 °C, use the following table as a guide.

Food	Serving Size	Power	Time (min.)
Meat			
Minced Meat	250 g 500 g	180 W	6-7 8-13
Pork Steaks	250 g	180 W	7-8
	Instructions		
	Place the meat on turntable. Shield thinner edges with aluminium foil. Turn over after half of defrosting time! Serve after 15-30 minutes standing.		

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Food	Serving Size	Power	Time (min.)		
Poultry					
Chicken Pieces	500 g (2 pcs)	180 W	14-15		
Whole Chicken	1200 g	180 W	32-34		
	Instructions First, put chicken pieces first skin-side down, whole chicken first breast-side-down on a flat ceramic plate. Shield the thinner parts like wings and ends with aluminium foil. Turn over after half of defrosting time! Serve after 15-60 minutes standing.				
Fish					
Fish Fillets	200 g	180 W	6-7		
Whole Fish	400 g	400 g 180 W 11-13			
	Instructions Put frozen fish in the middle of a flat ceramic plate. Arrange the thinner parts under the thicker parts. Shield narrow ends of fillets and tail of whole fish with aluminium foil. Turn over after half of defrosting time! Serve after 10-25 minutes standing.				
Fruits					
Berries	300 g 180 W 6-7				
	Instructions Spread fruit on a flat, round glass dish (with a large diameter). Serve after 5-10 minutes standing.				
Bread					
Bread Rolls (Each ca. 50 g)	2 pcs 4 pcs	180 W	1-1½ 2½-3		
Toast/Sandwich	250 g 180 W 4-41/2				
	Instructions Arrange rolls in a circle or bread horizontally on kitchen paper in the middle of turntable. Turn over after half of defrosting time! Serve after 5-20 minutes standing.				

GRILL

The grill-heating element is located underneath the ceiling of the cavity. It operates while the door is closed and the turntable is rotating. The turntable's rotation makes the food brown more evenly. Preheating the grill for 3-5 minutes will make the food brown more quickly.

Cookware for grilling:

Should be flameproof and may include metal. Do not use any type of plastic cookware, as it can melt.

Food suitable for grilling:

Chops, sausages, steaks, hamburgers, bacon and gammon rashers, thin fish portions, sandwiches and all kinds of toast with toppings.

Important remark:

Whenever the grill only mode is used, please remember that food must be placed on the high rack, unless another instruction is recommended.

MICROWAVE + GRILL

This cooking mode combines the radiant heat that is coming from the grill with the speed of microwave cooking. It operates only while the door is closed and the turntable is rotating. Due to the rotation of the turntable, the food browns evenly. Three combination modes are available with this model: 600 W + Crill 460 W + Crill and 200 W + Crill

600 W + Grill, 450 W + Grill and 300 W + Grill.

Cookware for cooking with microwave + grill

Please use cookware that microwaves can pass through. Cookware should be flameproof. Do not use metal cookware with combination mode. Do not use any type of plastic cookware, as it can melt.

Food suitable for microwave + grill cooking:

Food suitable for combination mode cooking include all kinds of cooked food which need reheating and browning (e.g. baked pasta), as well as foods which require a short cooking time to brown the top of the food. Also, this mode can be used for thick food portions that benefit from a browned and crispy top (e.g. chicken pieces, turning them over half way through cooking). Please refer to the grill table for further details.

Important remark:

Whenever the combination mode (microwave + grill) is used, the food should be placed on the high rack, unless another instruction is recommended. Please refer to the instructions in the following chart.

The food must be turned over, if it is to be browned on both sides.

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Grill Guide for Fresh Food

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Preheat the grill with the grill-function for 2-3 minutes. Use the power levels and times in this table as guide lines for grilling. Use oven gloves when taking out.

Fresh food	Serving Size	Power	1 step (min.)	2 step (min.)
Toast Slices	4 pcs (each 25 g)	Grill only	3-4	2-3
	Instructions Put toast slices side by side on the high rack.			
Grilled	400 g (2 pcs)	300 W + Grill	5-6	-
Tomatoes	Instructions Cut tomatoes into halves. Put some cheese on top. Arrange in a circle in a flat glass pyrex dish. Place it on the high rack. Stand for 2-3 minutes.			
Tomato-	4 pcs (300 g)	300 W + Grill	4-5	-
.	Toast the bread slices first. Put the toast with topping on the high rack. Stand for 2-3 minutes.			
Toast Hawaii	4 pcs (500 g) 300 W + Grill 5-6 -			
(Ham, Pineapple, Cheese slices)	Instructions Toast the bread slices first. Put the toast with topping on the high rack. Stand for 2-3 minutes.			
Baked	500 g	600 W + Grill	7-8	-
Potatoes	Instructions Cut potatoes into halves. Put them in a circle on the high rack with the cut side to the grill.			
Gratin	450 g	450 W + Grill	9-11	-
Potatoes/	Instructions			
Vegetables (Chilled)	Put the fresh gratin into a small glass pyrex dish. Put the dish on the high rack. After cooking stand for 2-3 minutes.			

Fresh food	Serving Size	Power	1 step (min.)	2 step (min.)
Baked Apples	2 apples	300 W + Grill	7-8	-
	(ca. 400 g)			
	Instructions			
	Core the apples	and fill them with	raisins and jam. I	Put some
	almond slices or	n top. Put apples	on a flat glass pyr	ex dish. Place
	the dish directly	on the low rack.		
Chicken	500 g (2 pcs)	300 W + Grill	8-10	6-8
Pieces	Instructions			
	Brush chicken pieces with oil and spices. Put them in a circle on			
	the high rack. After grilling stand for 2-3 minutes.			
Roast Chicken	1200 g 450 W + Grill 18-19 17			
	Instructions			
	Brush the chicken oil and spices. Put the chicken on the low rack.			
	After grilling stand for 5 minutes.			
Roast Fish	400-500 g	300 W + Grill	5-7	51/2-61/2
	Instructions			
	Brush skin of whole fish with oil and add herbs and spices. Put two			
	fishes side by side (head to tail) on the high rack. After grilling stand			
	for 2-3 minutes.			

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CONVECTION

Cooking with convection is the traditional and well known method of cooking food in a traditional oven with hot air.

The heating element and the fan position is at the back-wall, so that the hot air is circulating. This mode is supported by the top heating element.

Cookware for convection cooking:

All conventional ovenproof cookware, baking tins and sheets – anything you would normally use in a traditional convection oven – can be used.

Food suitable for convection cooking:

All biscuits, individual scones, rolls and cakes should be made by this mode as well as rich fruit cakes, choux pastry and soufflés.

MICROWAVE + CONVECTION

This mode combines the microwave energy with the hot air and is therefore reducing the cooking time while giving the food a brown and crispy surface.

Cooking with convection is the traditional and well known method of cooking food in an oven with hot air circulated by a fan on the back-wall.

Cookware for cooking with microwaves + convection:

Should be able to let the microwaves pass through. Should be ovenproof (like glass, pottery or china without metal trims); similar to the cookware described under Microwave + Grill.

Food suitable for Microwave + Convection cooking:

All kinds of meats and poultry as well as casseroles and gratin dishes, sponge cakes and light fruit cakes, pies and crumbles, roast vegetables, scones and breads.

Convection Guide for fresh and frozen food

Preheat the convection with the auto pre-heat function to the desired temperature. Use the power levels and times in this table as guide lines for convection cooking. Use oven gloves when taking out.

Fresh food	Serving Size	Power	1 step (min.)	2 step (min.)
PIZZA Frozen Pizza (Ready baked)	300 g	1 step 300 W + 200 °C 2 step Grill	11-12	2-3
(1000) 20100)	Instructions Place the pizza on the low rack. After baking stand for 2-3 minutes.			
PASTA Frozen Lasagne	400 g	1 step 450 W + 200 °C 2 step Convt. 200 °C	15-16	5-6
	Instructions Put into a suitable sized glass pyrex dish or leave in the original packaging (take care that this is suitable for microwaves and oven heat). Put frozen pasta gratin on the low rack. After cooking stand for 2-3 minutes.			
MEAT Roast Beef/	1200-1300 g	600 W + 180 °C	20-23	10-13
Roast Lamb (Medium)	Instructions Brush beef/ lamb with oil and spice it with pepper, salt and paprika. Put it on the low rack, first with the fat side down. After cooking wrap in aluminium foil and stand for 10-15 minutes.			
Roast Chicken	1000-1100 g 450 W + 200 °C 20-22 20		20	
	Instructions Brush chicken with oil and spices. Put chicken first breast side down, second side breast side up on the low rack. Stand for 5 minutes. (continued)			

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COOKING GUIDE

Fresh food	Serving Size	Power	1 step (min.)	2 step (min.)
BREAD				
Fresh Bread	6 pcs (350 g)	100 W + 180 °C	8-10	-
Rolls	Instructions Put bread rolls in	n a circle on the low rack.	Stand for 2-3	minutes.
Garlic Bread	200 g (1 pc)	180 W + 200 °C	8-10	-
(Chilled, Prebaked)	Instructions Put the chilled baguette on baking paper on the low rack. After baking stand for 2-3 minutes.			
CAKE				
Marble Cake	500 g	Only 180 °C	38-43	-
(Fresh Dough)	Instructions Put the fresh dough in a small rectangular black metal baking dish (length 25 cm). Put the cake on the low rack. After baking stand for 5-10 minutes.			0
Small Cakes	10 x 28 g	Only 160 °C	26-28	-
(Fresh Dough)	Instructions Fill the fresh dough evenly in paper cups and set on baking tray on the low rack. After baking stand for 5 minutes.			
Cookies	200-250 g	Only 200 °C	15-20	-
(Fresh Dough)	Instructions Put the chilled croissants on baking paper on the low rack.			
Frozen Cake	1000 g 180 W + 180 °C 18-20 -			-
	Instructions Put the frozen cake directly on the low rack. After defrost and warming stand for 15-20 minutes.			

TIPS AND TRICKS

MELTING BUTTER

Put 50 g butter into a small deep glass dish. Cover with plastic lid. Heat for 30-40 seconds using 900 W, until butter is melted.

MELTING CHOCOLATE

Put 100 g chocolate into a small deep glass dish. Heat for 3-5 minutes, using 450 W until chocolate is melted. Stir once or twice during melting. Use oven gloves while taking out!

MELTING CRYSTALLIZED HONEY

Put 20 g crystallized honey into a small deep glass dish. Heat for 20-30 seconds using 300 W, until honey is melted.

MELTING GELATINE

Lay dry gelatine sheets (10 g) for 5 minutes into cold water. Put drained gelatine into a small glass pyrex bowl. Heat for 1 minute using 300 W. Stir after melting.

COOKING GLAZE/ICING (FOR CAKE AND GATEAUX)

Mix instant glaze (approximately 14 g) with 40 g sugar and 250 ml cold water. Cook uncovered in a glass pyrex bowl for 3½ to 4½ minutes using 900 W, until glaze/icing is transparent. Stir twice during cooking.

COOKING JAM

Put 600 g fruits (for example mixed berries) in a suitable sized glass pyrex bowl with lid. Add 300 g preserving sugar and stir well.

Cook covered for 10-12 minutes using 900 W.

Stir several times during cooking. Empty directly into small jam glasses with twist-off lids. Stand on lid for 5 minutes.

COOKING PUDDING

Mix pudding powder with sugar and milk (500 ml) by following the manufacturers instructions and stir well. Use a suitable sized glass pyrex bowl with lid. Cook covered for 6½ to 7½ minutes using 900 W. Stir several times well during cooking.

BROWNING ALMOND SLICES

Spread 30 g sliced almonds evenly on a medium sized ceramic plate. Stir several times during browning for $3\frac{1}{2}$ to $4\frac{1}{2}$ minutes using 600 W. Let it stand for 2-3 minutes in the oven. Use oven gloves while taking out!

troubleshooting and error code

TROUBLESHOOTING

If you have any of the problems listed below try the solutions given.

This is normal.

- Condensation inside the oven.
- Air flow around the door and outer casing.
- Light reflection around the door and outer casing.
- Steam escaping from around the door or vents.

The oven does not start when you press the START button.

• Is the door completely closed?

The food is not cooked at all.

- Have you set the timer correctly and/or pressed the START button?
- Is the door closed?
- Have you overloaded the electric circuit and caused a fuse to blow or a breaker to be triggered?

The food is either overcooked or undercooked.

- Was the appropriate cooking length set for the type of food?
- Was an appropriate power level chosen?

The light bulb is not working.

• The Light bulb should not be replaced in person for safety reasons. Please contact nearest authorised Samsung customer care, to arrange for a qualified engineer to replace the bulb.

The oven causes interference with radios or televisions.

- Slight interference may be observed on televisions or radios when the oven is operating. This is normal. To solve this problem, install the oven away from televisions, radios and aerials.
- If interference is detected by the oven's microprocessor, the display may be reset. To solve this problem, disconnect the power plug and reconnect it. Reset the time.

Sparking and cracking occur inside the oven (arcing).

- Have you used a dish with metal trimmings?
- Have you left a fork or other metal utensil inside the oven?
- Is aluminum foil too close to the inside walls?

Smoke and bad smell when initial operating.

 It's a temporary condition by new component heating. Smoke and smell will disappear completely after 10 minutes operation.

To remove smell more quickly, please operate microwave oven with putting lemon formation or lemon juice in the cabinet.

If the above guidelines do not enable you to solve the problem, then contact your local SAMSUNG customer service centre. Please have the following information read:

The model and serial numbers, normally printed on the rear of the oven

- Your warranty details
- A clear description of the problem

Then contact your local dealer or SAMSUNG aftersales service.

ERROR CODE

"SE" message indicates.

 Clean the keys and check if there is water on the surface around key. Turn off the microwave oven and try setting again. If it occurs again, call your local SAMSUNG Customer Care Centre.

"E-24" message indicates

 Before the microwave can overheat, the "E-24" message appears on the display. If the "E-24" message appears, press the STOP/ECO key to utilize the initialization mode. After the oven cools, try operating the oven. If the "E-24" message appears again, contact your local Samsung Customer Care Centre.

For any codes not listed above, or if the suggested solution does not solve the problem, contact your local SAMSUNG Customer Care Centre.

technical specifications

SAMSUNG strives to improve its products at all times. Both the design specifications and these user instructions are thus subject to change without notice.

Model	MC28H5013**	
Power source	230 V ~ 50 Hz AC	
Power consumption		
Maximum power	2900 W	
Microwave	1400 W	
Grill	1500 W	
Convection	Max. 2100 W	
Output power	100 W / 900 W (IEC-705)	
Operating frequency	2450 MHz	
Dimensions (W x D x H)		
Outside	517 x 474.8 x 310 mm	
Oven cavity	358 x 327 x 235.5 mm	
Volume	1.0 Cubic feet	
Weight		
Net	17.5 kg approx.	

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QUESTIONS OR COMMENTS

COUNTRY	CALL	OR VISIT US ONLINE AT
AUSTRALIA	1300 362 603	www.samsung.com/au/support
NEW ZEALAND	0800 SAMSUNG (0800 726 786)	www.samsung.com/nz/support
CHINA	400-810-5858	www.samsung.com/cn/support
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This product is RoHS compliant

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