WITHINGS

Body Comp

Clinically Validated



Complete Body Analysis Wi-Fi Smart Scale

Body Comp offers a complete body assessment with weight precise up to 50g, plus body composition metrics, cardiovascular assessment (Standing Heart Rate, Vascular Age), and a Nerve Health Score, providing the most complete and accurate overview of body metrics ever offered by a smart-scale. This breakthrough body assessment is key to enhanced health management as overweight people are more at risk to develop cardiovascular diseases and peripheral neuropathy.

Embrace the Withings scale experience, and seamlessly integrate better health into your daily life. Body Comp features a 15-month battery life, a high-resolution color screen, and automatic tracking for multiple users. Plus, explore dedicated modes for pregnancy, babies and athletes. Enjoy Wi-Fi or Bluetooth connectivity and sync all your health data directly to our highly-rated app. View trends, progress, and daily inspiration for long-term improvement. Thanks to best-in-class data privacy standards, your data is always secure.

VITAL PARAMETERS

- Weight
- BMI
- · Body composition
- Visceral fat
- · Basal Metabolic Rate
- · Vascular age
- Pulse Wave Velocity
- Standing heart rate
- · Nerve Health Score

SIMPLE & SMART

- Withings Precision Technology™
- Patented Position Control[™] technology
- · Automatic recognition: up to 8 users
- AAA (included) battery: up to 15 months

CE marked

- 2.8" LCD color screen
- · Eyes Close mode
- Pregnancy / Baby / Athlete modes
- · Automatic Wi-Fi & Bluetooth® sync
- Withings app

PRICE (MSRP) 199.95€ / £189.95 **CLINICAL VALIDATION**

Features

METRICS

- · Weight monitoring (kg, lb, st lb)
- · Weight trend
- BMI
- · Standing Heart rate
- · Vascular Age
- · Pulse Wave Velocity
- · Nerve Health Score

- · Body Composition
- Fat %
- · Muscle kg
- · Bone kg
- · Water %
- · Visceral fat
- Basal Metabolic Rate

BODY COMPOSITION

Monitors weight (kg, lb, st lb), BMI, whole body composition (whole body fat, muscle mass, water percentage, and bone mass)

VASCULAR AGE

Monitors the age of arteries to give a clearer picture of your heart's health. If your vascular age is assessed as significantly greater than your chronological age, you may be more at risk of vascular disease later in life.

NERVE HEALTH SCORE*

Assess the nerve health in your feet via a Nerve Health Score. A low score may be a sign of peripheral neuropathy, small nerve damage, which is associated with complications of common chronic conditions. You can improve these metrics via our behavioral change programs, and the Nerve Health Score data can be easily shared with doctors to help manage any health issues.

*Pulse Wave Velocity and Nerve Health Score are only available in Europe

PULSE WAVE VELOCITY*

This metric measures the speed at which heartbeat generated waves move along the arteries. Lower Pulse Wave Velocity indicates better heart health. Pulse Wave Velocity can be lowered with proper diet & exercise to improve overall cardiovascular health.

METABOLISM ASSESSMENT

Estimate the amount of belly fat stored around your organs with the visceral fat index, and determine how many calories your body burns at rest to support vital body functions with BMR (Basal Metabolic Rate).

STANDING HEART RATE

Provides standing heart rate at every weigh-in so anyone can track the evolution of heart rate over time, a good indicator of overall cardiovascular fitness.

MULTI-USER FRIENDLY

Automatically recognizes and tracks up to 8 users independently.

PREGNANCY MODE

Allows easy weight tracking throughout pregnancy. It also provides personalized recommendations and can support the user through their pregnancy journey.

BABY MODE

Accurately weighs even the smallest member of your familiy just by holding them in your arms.

WEIGHT-ONLY MODE

This mode is designed for users who wear a pacemaker. It disables undetectable electric signal sent by the scale to perform body composition measurements, which could interfere with the functioning of the medical device.

DYNAMIC SCREENS

Displays personalized data, content and insights directly on the device's monochrome screen. Reveals metrics and trends without consulting the app.

LIFE-FRIENDLY FEATURES

Shows the local weather forecast, local air pollution score and previous day's steps (if you own a Withings tracker) at every weigh-in.

EYES CLOSED MODE

Choose to swap weight and body measurements on your scale screen for motivational messages. Use this mode to focus on your overall progress, rather than specific numbers.

ATHLETE MODE

Athletes tend to have a different body composition than the average user. By activating this mode, your scale's measurement algorithms will adjust to ensure you get the most accurate data.

Design

PRECISE UP TO 50g / 0.1 lbs

Get precise measurements and enjoy Position Control $^{\text{TM}}$ technology, a patented positioning aid technology.

PLATFORM

High-tempered glass platform with 4 electrodes.

LONG BATTERY LIFE

Up to 15 months autonomy with AAA bateries (included).

SEAMLESS WI-FI & BLUETOOTH SYNC

Data is automatically synced via Wi-Fi or Bluetooth to the Withings app, where you can set goals, view trends, and get extra motivation (iOS & Android $^{\text{TM}}$).

HIGH-RES COLOR SCREEN

High resolution LCD color screen



Technical facts

Features

BODY COMPOSITION

- · Multi-frequency bioimpedance analysis
- · Athlete and non-athlete mode

NERVE HEALTH SCORE

- · Powered by Sudoscan
- Sudomotor function evaluation
- Unit: ESC (electrochemical skin conductance)

HEART RATE

- Patented heart rate measurement technology
- · Unit: bpm (beats per minute)

VASCULAR AGE

- · Unit: age range
- · Proprietary algorithm developed by Withings

PULSE WAVE VELOCITY

- · Unit: m/s
- · Proprietary algorithm developed by Withings

DAILY WEATHER AND POLLUTION FORECAST

· Works when scale is installed on a Wi-Fi network

Design

DIMENSIONS

- · Length and width: 325mm x 325mm
- Depth: 25,6mm

SENSORS

- · Four weight sensors
- Weighing range: 5 -> 200 kg (9 -> 441 lb)
- Patented body position detector via Position Control technology for highly accurate weighing
- 50g (0.1 lb) graduation

BOX CONTENT

- Body Comp
- · AAA batteries
- Product guide
- · Quick Start Guide









POWER SUPPLY

- · AAA Batteries
- Average battery life: up to 15 months

320 X 240 PIXELS RESOLUTION

- 320 x 240 pixels resolution
- 2.8" screen
- · LCD color screen
- · Multiple weight units (kg, lbs, st lb)

Connectivity

CONNECTIVITY

- Wi-Fi 802.11 b/g/n, compatible with WEP/WPA/ WPA2-personal networks
- Bluetooth low energy connectivity (Bluetooth Ready)

APP

- Withings app for iOS or Android: iOS 15 (or higher), Android 10 (or higher)
- Health Mate Web dashboard 100+ compatible apps and services

STORAGE AND MEMORY

Free and unlimited online storage of all weigh-in data

COMPATIBILITY

- iPhone, iPad, or iPod touch with iOS 12 or later, or Android device with OS version 8 or later
- · Cannot be set up from a computer