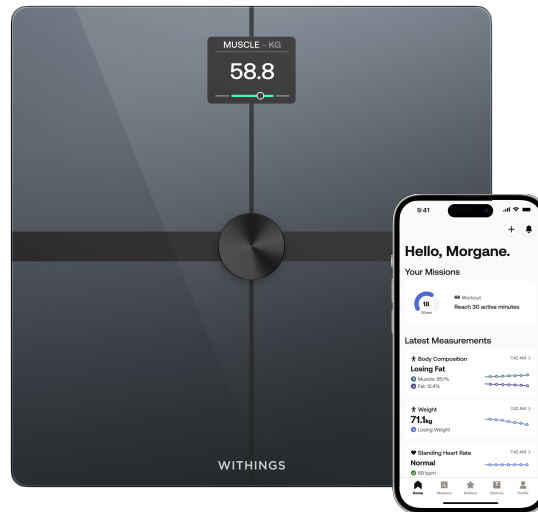


WITHINGS

Body Smart

Clinically Tested



Advanced Body Composition Wi-Fi Scale

Start your health journey with Body Smart, the ideal smart scale to help you reach your goals. Get consistently precise weight measurements and track 8 advanced body composition metrics, including fat/muscle mass. Powered by Precision Technology™ and multiple frequencies, Body Smart features additional new metrics like Visceral Fat Index, Basal Metabolic Rate and cardiovascular insights to help you stay on top of your health.

Embrace the Withings scale experience, and seamlessly integrate better health into your daily life. Body Smart features a 15-month battery life, a high-resolution color screen, and automatic tracking for multiple users. Plus, explore dedicated modes for pregnancy, babies and athletes. Enjoy Wi-Fi or Bluetooth connectivity and sync all your health data directly to our highly-rated app. View trends, progress, and daily inspiration for long-term improvement. Thanks to best-in-class data privacy standards, your data is always secure.

Range of health insights

- Weight
- BMI
- Body Composition
- Visceral Fat Index
- Basal Metabolic Rate
- Standing Heart Rate

Simple & Smart

- Withings Precision Technology™
- Patented Position Control™ technology
- Automatic Recognition of up to 8 users
- 15-month battery life, AAA batteries included
- 2.8" LCD color screen
- Pregnancy/Baby/Athlete Modes
- Eyes Closed Mode
- Weight-Only Mode
- Automatic Wi-Fi & Bluetooth® sync
- Withings app

Price (MSRP) 99.95€ / \$99.95 / £89.95

Clinical validation

Clinically Tested

Learn more at www.withings.com

Features

Metrics

- Weight monitoring (kg, lb, st lb)
- Weight trend
- BMI
- Standing Heart rate
- Fat %
- Muscle %
- Bone %
- Water %
- Lean Mass %
- Visceral fat index
- Basal Metabolic Rate
- Metabolic Age

Advanced Body Composition

Monitor a precise and comprehensive picture of your body composition (body fat, muscle mass, water percentage, bone mass and lean mass) thanks to the multi-frequency technology.

Metabolism Assessment

Estimate the amount of belly fat stored around your organs with the visceral fat index, and determine how many calories your body burns at rest to support vital body functions with BMR (Basal Metabolic Rate).

Best-in-class weight experience

Follow consistent and precise weight measurements (50g / 0.1 lb), with our patented Withings Precision Technology, and track your weight trend on the scale's high-visibility color screen or in the app.

Heart Health Insights

Provides standing heart rate at every weigh-in so anyone can track the evolution of heart rate over time, a good indicator of overall cardiovascular fitness.

Multi-User Friendly

Automatically recognizes and tracks up to 8 independent users.

Pregnancy Mode

Allows easy weight tracking throughout pregnancy. It also provides personalized recommendations and can support the user through their pregnancy journey.

Eyes Closed Mode

Choose to swap weight and body measurements on your scale screen for motivational messages. Use this mode to focus on your overall progress, rather than specific numbers.

Weight-Only Mode

The Weight-Only Mode allows you to disable all impedance-based tech on the scale so you can use our scales completely safely if you have a medical implant.

Dynamic Screens

Displays personalized data, content and insights directly on the device's high visibility color screen. Reveals metrics and trends without consulting the app.

Lifestyle Features

Shows the local weather forecast, local air pollution score and previous day's steps (if you own a Withings tracker) at every weigh-in.

Athlete Mode

Athletes tend to have a different body composition than the average user. By activating this mode, your scale's measurement algorithms will adjust to ensure you get the most accurate data.

Baby Mode

Get an accurate weight for the smallest member of your family, just by holding them in your arms.

Design

Precise up to 50g / 0.1 lbs

Get precise measurements and enjoy Position Control™ technology, a patented positioning aid technology.

Seamless Wi-Fi & Bluetooth Sync

Data is automatically synced via Wi-Fi or Bluetooth to the Withings app, where you can set goals, view trends, and get extra motivation (iOS & Android™).

High-Res Color Screen

High resolution LCD color screen

Long Battery Life

Up to 15 months, AAA batteries included

Platform

High-tempered glass platform with 4 electrodes.



Technical facts

Features

Body Composition

- Multi-frequency bioimpedance analysis
- Athlete and non-athlete mode

Daily Weather

- Works when scale is installed on and connected to a Wi-Fi network

Design

Dimensions

- Length and width: 325mm x 325mm
- Depth: 25.6mm

Sensors

- Four weight sensors
- Weighing range: 5 -> 200 kg (9 -> 441 lb)
- Patented body position detector via Position Control technology for highly accurate weighing
- 50g (0.1 lb) graduation

Power Supply

- AAA Batteries
- Average battery life: up to 15 months

Connectivity

Connectivity

- Wi-Fi 802.11 b/g/n, compatible with WEP/WPA/WPA2-personal networks
- Bluetooth low energy connectivity (Bluetooth Ready)

Storage and Memory

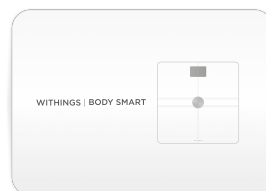
- Free and unlimited online storage of all weigh-in data

Heart Rate

- Patented heart rate measurement technology
- Unit: bpm (beats per minute)

What's Inside

- Body Smart
- AAA batteries
- Product guide
- Quick Start Guide



320 X 240 Pixels Resolution

- 320 x 240 pixels resolution
- 2.8" screen
- LCD color screen
- Multiple weight units (kg, lbs, st lb)

App

- Withings app for iOS or Android (iOS 15 or higher, Android 10 or higher)
- Withings Web Dashboard
- 100+ compatible apps and services

Compatibility

- iPhone, iPad, or iPod touch with iOS 15 or later, or Android device with OS version 10 or later
- Cannot be set up from a computer